

Shravana Somavara Vratha Vidhanamu

How to perform Sawan Soawar Puja

Pasupu Ganapthi Puja

This pooja is done to the ganesh made with turmeric (called pasupu ganapati) so that there would be no vighnas(obstacles) during the main pooja. This is the pooja that has to be performed before doing any pooja irrespective of the god whom we are worshipping. As stated earlier this helps us to complete the pooja without any obstacles.

Starting of Pooja:

shuklaam baradharam vishnum
sasivarnam chathurbhujam|
prasanna vadananam dhyaayeth
sarva vighnopa saanthayey|

The above sloka is on ganesh

Then we have light the diya/deepam enchanting the below sloka:

deepathvam brahmaarooposi
jyothishaam prabhuravanayah|
saubhaagyam deyhi puthraamshcha
sarvaan kaamaamshchadeyhim|

After lighting the diya/deepam one has to apply kumkum at three places on the diya/deepam.

Then we alert all that we are going to invite the God, we do that by ringing the bell and reciting the below sloka

agamaardham thu devaanaam
gamanaardham thu rakshasaam|
kuru ghamtaaravam thathra
devathaahvaana laamChanam|

**with this we are ready to star the pooja of the turmeric ganesha.
Then we have to do ACHAMANA**

We do this by taking three spoons of water telling the below mantras

om keyshavaaya svaahaa (take one spoon of water)
om naaraayanaaya svaahaa (take one spoon of water)
om maadhavaaya svaahaa (take one spoon of water)

then we go ahead and say the Govinda namas:

om govindhaaya namah, om vishnavey namah,
om madhusoodhanaaya namah, om thrivikramaaya namah,
om vaamanaaya namah, om shreedharaaya namah,
om Rusheekeyshaaya namah, om padhmanaabhaaya namah,
om daamodharaaya namah, om samkarshanaaya namah, om vaasudevaaya namah, om
pradhyumnaaya namah,
om anirudhdhaaya namah, om purushoththamaaya namah, om adhokshajaaya namah, om
naarasimhaaya namah,
om achyuthaaya namah, om janaardhanaaya namah,
om upeymdhraaya namah, om harayey namah,
om sri krishnaaya namah, om sri Krishna parabrahmane namaha.

This ends the govinda namahs

We recite the following remembering all the trimurtis and other gods

shree lakshmee naaraayanaabhyaaam namah,
umaa maheshvaraabhyaaam namah,
vaanee hiranyagarbaabhyaaam namah,
sachee purandharaabhyam namah,
arundhatee vashishtaabhyaaam namah,
shree seethaa raamaabhyaaam namah,
namassarveybhyo mahaajaneybhyo,
ayam muhoorthassumuorthasthu

For us to do pooja we need a Asan and for making it sacred we do recite the below sloka and put some akshinta on our backside.

uththishtanthu bhoothapishaachaa
eythey bhoomibhaarakaah|
eytheysaa mavirodeynaa
brahmakarma samaarabhey

Next we do pranayama reciting the below

om bhooh, om bhuvh, ogum suvah, om mahah, om janah om thapah, ogumm sathyam,
om |thathsavithurvareynyam bhargo devasya deemahi dhiyo yonah prachodhayaath|
om apojothi rasomrutham brahma bhoorbuvassuvarom

Then we have to describe were we are positioned, what year month, thiti, day of the week, who we are (gothra and nama) and also what is it that we are expecting or doing this ritual

om mamopaaththa samastha dhurithakshayadhvaaraa shree parameshvara preethyadham
subhey shobhney muhoorthey shree mahaavishnoraagnaayaa pravarthamaanasya
adhyabrahmanah dhvitheeya paraardey shveytha varaahakalpey vaivasvatha manvamtharey
kaliyugey prathamapaadey jamboodhveepey bharathavarshey,bharathakhamdey
meyrordhakshinadhighbhaagey,shreeshailashya eeshaanyapradeyshey
krishna/gangaa/godhaavaryormadhyadeyshey asmin varthamaana vyaavahaarika
chandhramaana <telugu year name> samvathsarey <uttarayana/dakshinayana> <telugu
climate>rithau <telugu month> maasey <sukla/Krishna> pakshey <telugu date>thithau <telugu
weekday> vaasarey shubhanakshathrey, shubhayogey, shubhakaraney, eyvamguna
visheyshana vishihsitaayaam, shubhathithau, shrimaan.<your gotha> gothrodbhavsy <your full
name> naamadeyyasya shrimaatha<your gotha> gothrodbhavsy <your full name>
naamadeyyasya dharmapathnee sameythasya asmaakam sahakutumbaanaam ksheyama
sthairyam dhairyam vijaya abhaya, aayuraarogya aishvaryam abhivrudhyartham
dharmaardhakaamamoksha chathurvidha phalapurushaardha sidhdhyartham dhana, kanaka,
vasthu vaahanaadhi samrudhdhyartham puthrapauthraabhi vrudhdhyardham, sarvaapadhaa
nivaaranaaardham, sakalakaarya vighnanivaaranaaardham, sathsanthaana sidhyardham,
puthrapouthrikaa naamsarvatho mukhaabhivrudhyardham, ishtakaamyaardha sidhdhyardham,
sarvadevatha svaroopinee shree sada shiva preethyadham yaavadhbakthi
dhyanaavaahanaadhi shodashopachaara poojaam karishyey.

Every time we do a sankalpa (reason for doing the pooja) we have to leave akshintalu along with water. Take akshintalu in the right hand and pour water with left hand over the right hand and leave the akshinatalu along with water into the plate.

Then we have to do pooja to the glass with water which is to be used for pooja, in this we try to make the water more pure by trying to get water from all the pure rivers into this using mantras:

For Worshiping the Kalasha we need to apply sandalwood paste at three places around the Kalasha and then apply pasupu(turmeric) and kum kum and the sandalwood paste reciting the below sloka.

kalashasyamukhey vishnuh
kantey rudhra ssamaashrithah|
mooley thatrosthitho brahmaa
madhyey maathruganaa smruthaah|
kukshau thu saagaraa
ssarvey sapthadhveepaa vasumdharaa|
rugveydhotha yajurvedydas
saamaveydho hy atharvanah|amgaishcha
sahithaa ssarvey kalashaambu samaashrithaah

put some akshita and one/two flowers in the glass/tumbler keep your right hand closing the mouth of the tumbler for few seconds and then start rotating the water in the tumbler/glass with the flower in it reciting the below solka:

gangeycha yamuney chaiva
godhaavari sarasvathi|narmadey sindhu kaaveri
jaleysmin sannidhim kuru|

Then we have to cleanse ourselves for doing the pooja with the holy water in the glass, so using the flower we sprinkle water on the pasupu ganapathi , ourselves(wife and all who are doing the pooja) and all the items that are being used for pooja by reciting the below sloka

aayaanthu devapoojaartham –
mama dhurithakshayakaarakaaah|
kalashodhakeyna poojadhravyaani
dhaivam aathmaanamcha samprokshya
om ganaanaamthva ganapathig havaamahey kavimkaveenaa mupamashrasthavam|
jyeyshtaraajam brahmaaam brahmanaspatha anashshrunvannoorthibhi sseedhasaadhanam

Then we have to do the following like give water for bath, offer a seat etc

shree mahaaganaadhipathayey namah
dhyayaami,aavaahayaami,
navarathna khachitha simhaasanam samarpayaami

(as we cannot offer a diamond studded thone we offer akshitalu to pasupu ganapathi only)

shree mahaaganaadhipathayey namah
paadhayoh paadhyam samarpayaami

(sprinkle water on the pasupu ganapathi only for washing feet)

shree mahaaganaadhipathayey namah
hasthayoh aarghyam samarpayaami

(sprinkle water on the pasupu ganapathi only for washing hand)

mukhey shudhdhaachamaneeyam samarpayaami shudhdhodhakasnaanam samarpayaami

(sprinkle water on pasupu ganapathi only for doing achamya and bathing)

shree mahaaganaadhipathayey namah
vasthrayugmam samarpayaami

(we offer akshitalu to pasupu ganapathi only)

shree mahaaganaadhipathayey namah
dhivya shree chamdhanam samarpayaami

(sprinkle sandal wood paste on pasupu ganapathi only)

shree mahaaganaadhipathayey namah
akshathaan samarpayaami

(we offer akshitalu to pasupu ganapathi only)

Then we do pooja with flowers to pasupu ganapati only

om sumukhaaya namah, om eykadhanthaaya namah,
om kapilaaya namah, om gajakarnikaaya namah,
om lambodharaaya namah, om vikataaya namah, om vighnaraajaaya namah, om
ganaadhipaaya namah,
om dhoomakeythavey namah, om ganaadhyakshaaya namah,
om phaalachamdhraaya namah, om gajaananaaya namah, om vakrathumdaaya namah, om
shoorpakarnaaya namah, om heyrambaaya namah, om skamdhapoovravaaya namah, om
sarvasidhdhi pradhaayakaaya namah, om mahaaganaadhipathiyeey namah|
naavidha parimala pathra pushpa poojaam samrpayaami

then we have to light incense sticks and show it pasupu ganapathi reciting the following

mahaaganaadhipathyeynamah
dhoopamaaghraapayaami

show the diya and recite the following

mahaaganaadhipathyeynamah
deepamaaghraapayaami

then offer some jaggery as naivedyam, recite the following mantra and sprinkle water on jaggery

om bhoorbuvassuvah om thatsavithurvareynyam bhargodevasya deemahi dhiyonah
prachodhayaath|
sathyamthvartheyna parishimchaami amruthamasthu amruthopastharanamasi shree
mahaaganaadhipathayey namah gudopahaaram niveydhayaami.

Show the jaggery to the pasupu ganapathi with both hands and recite the following

om praanaayasvaahaa,om apaanaayasvaahaa,
om vyanaaya svaahaa, om udhaanaaya svaahaa
om samaanaaya svaahaa
madhyey madhyey paaneeyam samarpayaami.

Leave some water in the plate

Then we offer tamboolam (beetlenut leaves(2nos) along with bettle nut) after which we light some camphor

Tamboolam samarpayaam,
neeraajanam dharshayaami.

Then we recite the mantra puspham and do pradikshana

om ganaanaamthva ganapathig havaamahey kavimkaveenaamupamashravasthavam|
jyeyshtaraajam brahmaam brahmanaspatha anashshrunvannoorthibhi sseedhasaadhanam|
shree mahaaganaadhipathayey namah
suvarna mamthrapushpam samarpayaami|
pradhakshina namaskaaraan samarpayaami|
anayaa mayaa krutha yadhaashakthi poojaayacha shree mahaaganaadhipathih supreethah
suprasanno varadho bhavathu

Now we move the pasupu ganapathi a bit, hold the bettle nut leaf on which the pasupu ganapathi is there and move it towards nothr by few millimeters reciting the below.

shree mahaaganaadhipathayey namah yadhaasthaanam praveyshayaami.

Siva Puja Process

Dhyaanam :

shlo // shuddhaspatika sankasham thrinethram panchavakthram /
gangaadham dhashabujam sarvaabharana bhooshitham //
nilagrivam shashaankaamkam - naaga yagnyopavithinam /
vyaghra charmotthariyancha varenyamabhayapradham //
kamamdalvaksha soothrabhyaamaanvitham shoolapaaninam /
jvalantham pingalajataa shikhaamudhyotha dhaaranim //
athruthenaaplutham hrshtamumaadhehaardha dhaaranim /
divyasimhaasanaasinam - divya bhoga samanvitham //
digdevatha samaayuktham - suraasura namaskrutham /
nithyam cha shaashvatham shuddham dhruvamaksharamavyayam
sarvavyaapina mishaanamevam vai vishvaroopinam //

(Place a flower on the idol, then invoke the god in the idol, this is the 23rd mantra of Shiva Namakam)

Aavaahanam :

(Mantra) maanomahanthamuthamaano arbhakam maana ukshanthalutha maana ukshitham /
maanovadhii pitharam motham maatharam priyamaanthanastha nuvoh // rudhradhirisha //
Om shivaayanamah aavaahayaami /

(Place flower. then read the following mantram to offer aasanam and place a flower)

Aasanam :

(Mantra) yaatherudhra shivaathanooraghora paapakaashini //
thayaanasthanuvaashamthamayaa girishanthaabhichaakashihi //
om maheshvaraaya namah pushpam samarpayaami
(offer flower to the God).

Paadhyam :

(Mantra) yaamishum girishantha hasthe bhibhirshyasthave
shivaam girithrathaamkuru mahigm sih purushamjagath
Om shambhave namah paadhyam samarpayaami.

(leave water in a plate)

Arghyam :

(Mantra) shivena vachasaa thvaa girishaachchaa vadhaamasi /
yadhaanassarvamijjagadhayakshmagm sumanaaaasath //
Om bhargaaya namah arghyam samarpayaami.
(leave water in a plate)

Aachamanam :

(Mantra) adhya vochadha dhivakthraa prathamo dhaiavyobhishak /
ahang hishcha sarvaanambajassarvaashcha yaathudhaayanya
Om shankaraaya namah aachamaniyam samarpayaami.
(leave water in a plate)

Snaanam :

(Mantra) asau yasthaamrau aruna uthababhrusumamgalah
ye chemaagmrudhraa abhithodhikshu //
shrithaassahasra shovai shaagm hedha imahe //
Om shaashvathaaya namah shuddhodhaka snaanam samarpayaami.
(leave water in a plate)

Panchaamrutha snaanam :

(With Milk)

aapyaayasvamethuthe vishvathassomavrushiyam /
bhavaa vaajasya sangadheh //
Om pashupathaye namah kshirena snaapayaami .

(With Curd)

dhadhikraavunno akaarisham jishnorasvashyavaajinah /
surabhino mukhaakarathpramana ayugmshithaarishath //
Om umaapathaye namah dhadhyaasnaapayaami .

(With Ghee)

shukramasi jyothirasi thejosi devevassavithothsunaa
thvachchidhrena pavithrena vasossooryasyarasmibhih //
Om parabrahmane namah ajyenna snaapayaami.

(With Honey)

madhuvaakaa yathaayuthe madhuksharamthi simdhavah
maadhvinnassamthvaushamaadhiih / madhunakthamuthoshini //
madhuvathpaardhigm rajah madhudhaurasthunah stithaah /
madhumaanno vanaspathermadhuraagm (asthu) sooryah
maadhvirgaavo bhavamthunah //
Om brahmaadhipaayanamah / madhunaa papayaami

(With Sugar)

svaaduh savasva dhivyaaya janmane svaadhurimdhraaya
sahanethunaamne ! svaadhurmithraaya varunaaya
vaayave bruhaspAthaye madhumaagm adhaabhyah /
Om parameshvaraaya namah! sharkaraan snapayaami.

(With coconut water)

yaah phalaviryaa aphalaapushpaayaashcha pushpinih
bruhaspatti pramaathosthaano musthvag hamsah //
Om phaalalochanaaya namah - phalodhakena snaapayaami

(Plain water)

(thathah namakachamakapurushasookthena shudhdhodhakasnaanam kuryaath)
apohishtaamayobhuvah - thaana oorjedhadhaathana /
maheranaaya chakshase yovashshiva thamorasah /
thasmaa aramga maamavah yasyakshayaaya jinvadha //
apojana yadhaachanan
Om ashtamoorthaye namah - shuddhodhakasnaanam samarpayaami.

Abhishekam :

(Pour a stream of water continuously reading the below mantra)

Om namasthe rudhramanyava uthotha ishave namah
namasthe asthudhanvane baahubhyaamutha the namah //
thayaana sthanuvaasham thamayaa girishanthaabhi chaakashihi /
yaamishum girishantha hasthe bhibhirshyasthave
shivaam girithrathaamkuru mahigm sih purushamjagath //
shivena vachasaa thvaa girishaachchaa vadhaamasi /
yadhaanassarvamijagadhayakshmagn sumanaa asath //
adhyo vochadha dhivakthraa prathamo dhaivyobhishak /
ahamg hishcha sarvaanambajassarvaashcha yaathudhaayanyah //
asau yasthaamrau aruna uthababhrusumagalah
ye chemaagm rudhraa abhithodhikshuh //
srithaassahasra shovai shaagm hedha imahe
asauyo paraspatti nilagrivo vilohithah
uththainam gopaa adhrushannadhrushannudhahaaryah
uththainam vishvaabhothaani sadhrushto mrudayaathinah //
namoasthu nilagrivaaya sahasraakshaaya midushe /
athoye asya sathvaano ham thebhyo karam namah
pramumcha dhanvana svamubhayoraarnthi yorjyaam
yashchathe hastha ishavah paraathaa bhagavova pa
avathathyadhanustvagn sahasraaksha shathashudhe //
nishira shalyanaam mukhaashivo nassumaanaabhava //
vijyam dhanuh kapardhino vishalyo baanavaagm utha //
aneshanna syeshava abhurasya nishamgadhiih //
yaatthe hethirmidushtama hasthebabhoovatthe dhanuh
thayaa smaanishvatha sthvamayakshma yaa paribhuja //
namasthe asthyaayudhaayaathaa naatha ya dhrushnave
ubhaabhyaaamutha namo baahubhyaa thava dhanvaneh
parithe dhanvanohethirasmaanmrunkthu vishvathah
athodhiya ishu sthavaa re asminna dhehitham //
maano mahaantha muthamaano arbhakam maana ukshantha
muthamaana ukshitham / maano vadhih pitharam mothamaatharam
priyaamaanasthanuvoh rudhraririshah //
maanasthoke thanaye maana aayushimaano goshumaano
ashveshiririshah viraajanmaano rudhrabhaamitho vadhirhavishmantho nasusaavidhema the //
anoraniyaa mahamevakathvam mahaanaham vishva madham vachaithram
puraathanoham purushohamisho hiranyakayoham shiroopa masthi //
Om mruthyumjayaaya namah abhishekam samarpayaami.

Vasthram :

(Mantra) asau yo vasarpathi nilagrivo vilohithah
uthainam gopaa adhrushannadhrushannu dhahaaryah
uthainam vishvabhothaanisah dhrushto mrudayaathinah
Om mrudaaya namah - vasthrayugmam samarpayaami.

(Place 2 pieces of cloth or 2 flowers at the foot of the idol)

Katibandhanam :

(Mantra) dhirghaayuthvaayajadhrushtirasmitham jivaamivaradhhah
puroocharaaya soshamabhisamvya yishye /
Om bhootheshaaya namah katibandhenavasthram samarpayaami.

Bhasmadhaaranam :

(Mantra) agnirithabhasma vaayuritha bhasmajamithi
bhasmasthanamithi bhasma vyomethibhasma sarvagm havaaya idhagm sarvambhasma /
(Mantra) thriambakam yajaamahe ugamdhim pushtivardhanam
urvaarukamivabamdhanaanmruthyorkshiyamaa mruthaath /
Om sharvaaya namah ithi bhasmadhaaranam.

Yagnyopavitham :

(Mantra) yagnyopavitham paramam pavithram prajaapathe ryathsahajam purasthaath /
aayushyamagryam prathimumcha shubhram yagnyopavitham balamasthu thejah //
Om sarveshvaraaya namah yagnyopavitham samarpayaami.

Gandham :

(Mantra) yovairudhravah yashchasomo bhoorbhuva
suvasthasmai namonamashshir shamjanadhOm vishvarooposi
gandhadhvaaaraam dhuraadharshaam nithyapushtaam karishinim
ishvarigm sarvabhothaanaamthvaamihopahvayeshriyam
Om sarvagnyaaya namah gandham vilepayaami.

(Sprinkle sandalwood paste)

Akshathalu.

(Mantra) aayane the paraayane dhoorvaarohasthu pushpinah
hradhaashcha pumdarikaani samudhrasya gruhaaname //
Om sadhaashivaaya namah akshathaan samarpayaami.

(Sprinkle akshata)

Bilvapathram

(Mantra) yaavai rudhrasya bhagavaanyashcha sooryobhoorbhava
suvaasthasmaivai janamonamashshir shamjanadho vishvarooposi //
shlo // amruthodhbhava shrivruksham shamkarasya sadhaapriyaa /
thathtshambho prayachchaami bilvapathram sureshvara //
trishaakhai rbhilvapathraishcha achchidhraih komalai shubhah /
thavapoojaam karishyaami archayethparameshvarah //
gruhaana bilvapathraani supushpaani maheshvarah /
sugandhena bhavaanisha hivaththvam kusumapriyah //
Om abhayaaya namah bilvapathraani samarpayaami.

Athaangapooja :

Om shankaraaya namah - paadhau poojayaami.
Om shivaaya namah - jamghe poojayaami.
Om maheshvaraaya namah - jaanuni poojayaami.
Om thrilokeshaaya namah - oorum poojayaami.
Om vrushaabhaaroodaaya namah - guhyam poojayaami.
Om bhasmodhdholitha vigrayaa namah - katim poojayaami.
Om mruthyumjayaaya namah - naabhim poojayaami.
Om rudhraaya namah - udharam poojayaami.
Om saambaaya namah - hrudhayam poojayaami.
Om bhujamgabhooshanaaya namah - hasthau poojayaami.
Om sadhaashivaaya namah - bhujau poojayaami.
Om vishveshvaraaya namah - kantam poojayaami.
Om girishaaya namah - mukham poojayaami.
Om thripuraamthakaaya namah - nethraani poojayaami.
Om viroopaakshaaya namah - lalaatam poojayaami.
Om gangaadharaaya namah - shirah poojayaami.
Om jataadharaaya namah - maulim poojayaami.
Om pashupathaye namah - sarvaanyamgaani poojayaami.
Om parameshvaraaya namah

Lingapooja :

Om nidhanapathaye namah
Om nidhanapathaamthikayai namah
Om oordhvaaya namah
Om hiranyaaya namah
Om suvarnaaya namah
Omdhivyaaaya namah
Om bhavaaya namah
Om sharvaaya namah
Om shivaaya namah
Om jvalaaya namah
Om aathmaaya namah
Om paramaaya namah
Om oorthvalimgaaya namah
Om hiranyalimgaaya namah
Om suvarnalimgaaya namah
Om dhivyalimgaaya namah
Om bhavalimgaaya namah
Om sharvalimgaaya namah
Om shivalimgaaya namah
Om jvalalimgaaya namah
Om aathmalimgaaya namah
Om paramalimgaaya namah
(anamtharam ashtoththarashathanaamairvaathrishathanaamairvaa sahasra
naamairvaaprapoojayeth)

Shri shiva ashtoththara shathanaamaavali

om śivāya namaḥ
om maheśvarāya namaḥ
om śambhave namaḥ
om pinākine namaḥ
om śaśiśekharāya namaḥ
om vāmadevāya namaḥ
om virūpākṣāya namaḥ
om kapardine namaḥ
om nīlalohitāya namaḥ
om śaṅkarāya namaḥ (10)
om śūlapāṇaye namaḥ
om khaṭvāṅgine namaḥ
om viṣṇuvallabhāya namaḥ
om śipiviṣṭāya namaḥ
om ambikānāthāya namaḥ
om śrīkaṇṭhāya namaḥ
om bhaktavatsalāya namaḥ
om bhavāya namaḥ
om śarvāya namaḥ
om trilokeśāya namaḥ (20)
om śitikanṭhāya namaḥ
om śivāpriyāya namaḥ
om ugrāya namaḥ
om kapāline namaḥ
om kaumāraye namaḥ
om andhakāsura sūdanāya namaḥ
om gaṅgādharāya namaḥ
om lalāṭākṣāya namaḥ
om kālakālāya namaḥ
om kṛpānidhaye namaḥ (30)
om bhīmāya namaḥ
om paraśuhastāya namaḥ
om mrgapāṇaye namaḥ
om jaṭādharāya namaḥ
om ktelāsavāsine namaḥ
om kavacine namaḥ
om kaṭhorāya namaḥ
om tripurāntakāya namaḥ
om vr̥ṣāṅkāya namaḥ
om vr̥ṣabhbhārūḍhāya namaḥ (40)
om bhasmoddhūlitā vigrahāya namaḥ

oṁ sāmapriyāya namaḥ
oṁ svaramayāya namaḥ
oṁ sāmapriyāya namaḥ
oṁ trayīmūrtaye namaḥ
oṁ anīśvarāya namaḥ
oṁ sarvāññāya namaḥ
oṁ paramātmane namaḥ
oṁ somasūryāgni locanāya namaḥ
oṁ yaññamayāya namaḥ (50)
oṁ somāya namaḥ
oṁ pañcavaktrāya namaḥ
oṁ sadāśivāya namaḥ
oṁ viśveśvarāya namaḥ
oṁ vīrabhadrāya namaḥ
oṁ gaṇanāthāya namaḥ
oṁ prajāpataye namaḥ
oṁ hiraṇyaretase namaḥ
oṁ durdharsāya namaḥ
oṁ girīśāya namaḥ (60)
oṁ giriśāya namaḥ
oṁ anaghāya namaḥ
oṁ bhujāṅga bhūṣaṇāya namaḥ
oṁ bhargāya namaḥ
oṁ giridhanvane namaḥ
oṁ giripriyāya namaḥ
oṁ kṛttivāsase namaḥ
oṁ purārātaye namaḥ
oṁ bhagavate namaḥ
oṁ pramadhādhipāya namaḥ (70)
oṁ mṛtyuñjayāya namaḥ
oṁ sūkṣmatanave namaḥ
oṁ jagadvyāpine namaḥ
oṁ jagadgurave namaḥ
oṁ vyomakeśāya namaḥ
oṁ mahāsena janakāya namaḥ
oṁ cāruvikramāya namaḥ
oṁ rudrāya namaḥ
oṁ bhūtapataye namaḥ
oṁ sthāṇave namaḥ (80)
oṁ ahirbhuthnyāya namaḥ
oṁ digambarāya namaḥ
oṁ aṣṭamūrtaye namaḥ
oṁ anekātmane namaḥ

oṁ svāttvikāya namaḥ
oṁ śuddhavigrahāya namaḥ
oṁ śāśvatāya namaḥ
oṁ khaṇḍaparaśave namaḥ
oṁ ajāya namaḥ
oṁ pāśavimocakāya namaḥ (90)
oṁ mr̥dāya namaḥ
oṁ paśupataye namaḥ
oṁ devāya namaḥ
oṁ mahādevāya namaḥ
oṁ avyayāya namaḥ
oṁ haraye namaḥ
oṁ pūṣadantabhide namaḥ
oṁ avyagrāya namaḥ
oṁ dakṣādhvaraharāya namaḥ
oṁ harāya namaḥ (100)
oṁ bhaganetrabhide namaḥ
oṁ avyaktāya namaḥ
oṁ sahasrākṣāya namaḥ
oṁ sahasrapāde namaḥ
oṁ apapargapradāya namaḥ
oṁ anantāya namaḥ
oṁ tārakāya namaḥ
oṁ parameśvarāya namaḥ (108)

Dhoopam :

navavasthvaa dhoopayamthu / gaayathre chandhasaangi -
rasvadhdhrudhraasthvaa bhoopayamthu / threshtubhena chandhasaangi
rasvadhaadhithaasthvaa dhoopayamthu / jagathena chandhasaangi
rasvadhiao brasthvaa dhoopayathvam / girisvadhivashnusthvaa dhoopayarvamgirasva /
vvarunathvaa dhoopayathvam girisvadhadhaliptha devirvishva devyaapathi /
prudhivyaasrubhasthemgidhasardhanathanata devaanaam thvaapathni /
Om bhimaaya namah - dhoopamaaghraapayaami.

Light incense sticks and show it as offering

Deepam :

aapaani paadhoha mamchiththapashshkthim, pashvaamya chakshussa
shrunonyukarnah saveththivedhyam nadhathapaapthi, veththaatha mahuragryam purusham
mahantham
sarvavyaapina maathmaanam kshire sarpi shivaarpithamsaa
aathmaavidhyaa thapomoolam thdhbrahmopavishadham //
nathathra sooryobhaathinah chandhrathaarakam
nemaavidhyutho bhaamthikuro yamagni thasyabhaasaa sarvamidham vibhaathi //
Om mahaadevaaya namah dhipam dharshayaami.

(Then, do aachamanam and offer naivedhyam with the following mantra)

Naivedhyam :

(Mantra) devasavithah prasuvatasathyamthvarthena parishamchaami
amruthamasthu amruthopa stharanamasi svaahaa //
Om praanaaya svaahaa, Om apaanaaya svaahaa, Om vyanaaya svaahaa, Om samaanaaya
svaahaa, Om brahmane svaahaa.

Om bhoorbhuva ssuvah, Om tha thasavithurvarenyam bhargo devasya dhimahi, dhiyo yonah
prachodhayaath,
sathyam thvarthena parishimchaami, amruthamasthu, amruthopastharana masi,
thathpurushaaya vidhmahe

mahaadevaaya dhimahi thanno rudhr Rahprachodhayaath
(sprinkle water on the offerings and then show to the lord.)
madhye madhye paaniyam samarpayaami.
(Leave water in the plate)

amruthaapidhaana masi, uththaraaposhanam samarpayaami, hasthau prakshaalayaami,
paadhau prakshaalayaami, punaraachamaniyam samarpayaami.

Tamboolam :

(Mantra) umaarudhraaya thavase kaparthinekshayadhviraaya
prabharaamahamathim / ydhaavashshama adhvipadhe
chathushpadhe vishvam pushtamgraame asminna naathuram //
Om thripuraamthakaaya namah thaamboolam samarpayaami.
tamboolam charvanaanamtharam shuddhaachamaniyam samarpayaami.

Neerajanam :

shlo // paraanamdhya chidhaakaasha - parabrahma svaroopikaa /
niraajanam gruhaanesha - aanamdhyaakhyam sadhaashiva //
Light camphor and rotate 3 times around the murthi, by ringing the bell.

(Mantra) aryaprajaame gopaaya - sarvaprajaame gopaaya - amruthaththvaaya jivase
janishyamaanaamcha /
amruthesathye prathishtithaam adharvapithumme gopaaya rasamanna mihaayushe
adhabdhaayo shithathano
avishanna pithumkrunuh svapashoonme gopaayah dhvipaadho ye chathushpadhah ashtaasha
paashchaaya ihagne /

yechaik shapaa anugaah sapradhassabhaamme gopaaya yechakyassabhaasadhadhah
thaanimdhriyaavathah
kurusarvamayooru paanathaam herbhudhni ya mamthram me gopaaya yamrushayasrai
vidhaavidhuh //
ruchussaamaani yajoogmshipaahi shriramruthaanathaam / maano vaagmsi
jaathavedhogaamashvam purusham
jagath abhibhradhagna gahishriyaa maa paripaalayaa saamraajyam cha viraajam chaabhi
shiryaachano
gruhalakshmi raashtrasyaya mukhethayaa maanagm srujaamasinam thatha shrirasthuh
nithyamangalaani bhavantru.
Om sadhaashivaaya namah karpooraniraajanam samarpayaami.
anamtharam aachamaniyam samarpayaami.

(Leave water in the plate)

Mantrapushpam :

Om sahasra shir sham devam vishvaaksham vishvashambhuvam,
vishvam naaraayanam deva maksharam paramam padham.
vishvathah paramaannithyam vishvam naaraayanagm harim.
vishvamevedham purushastha dhvishvamuapajivathi,
pathim vishvasyaathmeshvaragm shaashvathagm shivamachyutham
naaraayanam mahaagnyeyam vishvaathmaanam paraayananam,
naaraayana parojothi raathmaa naaraayanah parah,
naaraayana parambrahma thatthvam naaraayanah parah
naaraayanaparo dhyaaatha dhyaanam naaraayanah parah
yachchakimchijjaga thsarvam dhrushyathe shrooyathe pivaa,
amtharbahishcha tha thsaryam vyaapya naaraayana ssthithah
anamthamavyayam kavigm samudhremtham vishvashambhuvam
padhmakosha prathiakashagm hrudhayam chaapyadhomukham,
adhonishtyaa vithasthyaanthe naabhyaaamupari thishtathi,
jvaalaamaalaa kulam bhaathi vishvasyaayathanam mahath,
santhathagm shilaabbhisthu lambathyaaakosha sannibham.
thasyaanthe sushiragam sookshmam thasmin thsarvam prathishtatham,
thasya madhye mahaanagni rvishvaarchi rvishvathomukhah.
sograbhu gvibhaja nthishta nnaahaara majarah kavih
thiryagoorthva madhashshaayi rashshayasthaya samthathaa,
samthaapayathi svam dheha maapaadhathalamasthagah,
thasya madhye vahnishikhaa aniyordhvaa vyavasthithah,
nilathoyadhamadhyasthaa dhvidhyullekheva bhaasvara,
nivaarashookava ththanvi pithaa bhaasvathyanoopamaa,
tahsyaa shshikhaayaa madhye paramaathmaa vyavasthithah,
sa brahma sa shiva ssa harissemdhra ssoksharah paramah svaraat.
raajaadhiraajaaya prasahya saahine,
namo vayam vai shravanaaya kurmahe
sa me kaamaa nkaamakaamaaya mahyam
kaameshvarovaishravano dhadhaathu.
kuberaayavaishravanaaya, mahaaraajaaya namah
Om thadbrahma - Om thadhvaayuh Om thadhaathmaa
Om thathsathyam Om thathsarvam Om thathpurornamah.
anthasharathi bhootheshu guhaayaam vishvamoorthishu thvam yagnyasthvam vashatkaasthva
mimdhrasthagm

rudhrasthvam vishnusthvam brahmasthvam prajaapathih / thvam thadhaapa aapojothi raso
mrutham brahma bhoorbhuvassuvarom //
ishaanyassarvavidhyaanaamishvarassarvabhoothaanaam
brahmadihipathirbrahmanidhipathirbrashivome asthsadhaa shivOm
thathpurushaaya vidhmahe mahaadevaaya dhimahi thannorudhrah prachodhayaath //

Aathmapradhakshinam :

Circumbulate 3 times saying the below:

yaanikaanicha paapaani janmaamthararakruthaani cha,
thaani thaani pranashyamthi pradhakshina padhepadhe.
paapoham paapakarmaaham paapaathma paapasambhavah,
thraahi maam krupayaa deva sharanaa gathavathsala.
shri sadhaashivaaya namah aathmapradhakshina namaskaaraan samarpayaami.

Arpanam:

shlo // yasyasmruthyaachanaamokthyaa thapah poojaa kriyaadhishu
nyoonam sampoornathaam yaathi sadhyovamdhethamishvaram //
mamthrahinam kriyaahinam bhakthahinam maheshvara
yathpoojitham mayaadeva paripoornam thad hasthuthe //
supritha ssuprasanno varadhobhavathu
shri sadhaashiva prasaadham shirasaa gruhnaami //
(take flowers from pooja and put them on head with respect.)

Teerthasvikaranam :

shlo // akaalamruthyuharanam - sarvavyaadhi nivaaranam
samastha paapakshayakaram - shivapaadhodhakam paavanam shubham //
(sip the teertham saying the above.)

shubham bhooyaath ..