

Turmeric Ganapati Pooja

Pasupu Ganapathi Puja in English:

This pooja is done to the ganesh made with turmeric (called pasupu ganapati) so that there would be no vighnas (obstacles) during the main pooja. This is the pooja that has to be performed before doing any pooja irrespective of the god whom we are worshipping. As stated earlier this helps us to complete the pooja without any obstacles.

Starting of Pooja:

Sanskrit sloka:

shuklaam baradharam vishnum
sasivarnam chathurbhujam
prasanna vadanam dhyayeth
sarva vighnopa saanthayey

The above sloka is on ganesh.

Then we have light the diya/deepam enchanting the below sloka:

deepathvam brahmarooposi
jyothishaam prabhuravanayah
saubhaagyam deyhi puthraamshcha
sarvaan kaamaamshchadeyhim

After lighting the diya/deepam one has to apply kumkum at three places on the diya/deepam. Then we alert all that we are going to invite the God, we do that by ringing the bell and reciting the below sloka

agamaardham thu devaanaam
gamanaardham thu rakshasaam

kuru ghamtaaravam thathra
devathaahvaana laamChanam

with this we are ready to star the pooja of the turmeric ganessa.
Then we have to do ACHAMANA

We do this by taking three spoons of water telling the below mantras

om keyshavaaya svaahaa (take one spoon of water)

om naaraayanaaya svaahaa (take one spoon of water)

om maadhavaaya svaahaa (take one spoon of water)

Then we go ahead and say the Govinda namas:

om govindhaaya namah, om vishnavey namah,
om madhusoodhanaaya namah, om thrivikramaaya namah,
om vaamanaaya namah, om shreedharaaya namah,
om Rusheekeyshaaya namah, om padhmanaabhaaya namah,
om daamodharaaya namah, om samkarshanaaya namah, om
vaasudevaaya namah, om pradhyumnaaya namah,
om anirudhdhaaya namah, om purushoththamaaya namah, om
adhokshajaaya namah, om naarasimhaaya namah,
om achyuthaaya namah, om janaardhanaaya namah,
om upeymdhraaya namah, om harayey namah,
om sri krishnaaya namah, om sri Krishna parabrahmane namaha.

This ends the govinda namahs

We recite the following remembering all the trimurtis and other gods

shree lakshmee naaraayanaabhyaam namah,
umaa maheshvaraabhyaam namah,
vaanee hiranyagarbaabhyaam namah,

sachee purandharaabhyam namah,
arundhatee vashishtaabhyaam namah,
shree seethaa raamaabhyaam namah,
namassarveybhyo mahaajaneybhya,
ayam muhoorthassumuhorthasthu

For us to do pooja we need a Assan and for making it sacred we do recite the below sloka and put some akshinta on our backside.

uththishtanthu bhoothapishaachaa
eythey bhoomibhaarakaaah
eytheyshaa mavirodeynaa
brahmakarma samaarabhey

Next we do pranayama reciting the below

om bhooh, om bhuvah, ogum suvah, om mahah, om janah om thapah, ogumm sathyam ,
om thatsavithurvarenyyam bhargo devasya deemahi dhiyo yonah prachodhayaath,
om apojyothi rasomrutham brahma bhoorbuvassuvarom

Then we have to describe were we are positioned, what year month, thiti, day of the week, who we are (gothra and nama) and also what is it that we are expecting or doing this ritual

om mamopaaththa samastha dhurithakshayadhvaaraa shree parameshvara
preethyardham subhey shobhney muhoorthey shree mahaavishnoraagnaayaa
pravarthamaanasya adhyabrahmanah dhvitheeya paraardey shveytha varaahakalpey
vaivasvatha manvamtharey kaliyugey prathamapaadey jamboodhveepey
bharathavarshey,bharathakhamdey meyrordhakshinadhigbhaagey,shreeshailashya
eeshaanyapradeyshey krishna/gangaa/godhaavaryormadhyadeyshey asmin varthamaana
vyaavahaarika chandhramaana <telugu year name> samvathsarey
<uttarayana/dakshinayana> <telugu climate>rithau <telugu month> maasey
<sukla/Krishna> pakshey <telugu date>thithau <telugu weekday> vaasarey

shubhanakshathrey, shubhayogey, shubhakaraney, eyvamguna visheyshana vishishtaayaam, shubhathithau, shrimaan.<your gotha> gothrodbhavsya <your full name> naamadeyyasya shrimaatha<your gotha> gothrodbhavsya <your full name> naamadeyyasya dharmapathnee sameythasya asmaakam sahakutumbaanaam ksheyma sthairyaa dhairyaa vijayaa abhaya, aayuraarogyaa aishvarya abhivrudhyartham dharmaaardhakaamamoksha chathurvidha phalapurushaardha sidhdhyartham dhana, kanaka, vasthu vaahanaadhi samrudhdhyartham puthrapauthraabhi vrudhdhyardham, sarvaapadhaa nivaaranaardham, sakalakaarya vighnanivaaranaardham, sathsanthaana sidhyardham, puthrapouthrikaa naamsarvatho mukhaabhivrudhyardham, ishtakaamyaaardha sidhdhyardham, sarvadevathaa svaroopinee shree durgaambikaa preethyardham yaavadbakthi dhyaanaavaahanaadhi shodashopachaara poojaam karishyey.

Every time we do a sankalpa(reason for doing the pooja) we have to leave akshintalu along with water. Take akshintalu in the right hand and pour water with left hand over the right hand and leave the akshinatalu along with water into the plate.

Then we have to do pooja to the glass with water which is to be used for pooja, in this we try to make the water more pure by trying to get water from all the pure rivers into this using mantras:

Worshipping the glass: we need to apply sandalwood paste at three places around the glass and then apply pasupu(turmeric) and kum kum on the sandalwood pase recting the below sloka.

kalashasyamukhey vishnuh
kantey rudhra ssamaashrithah
mooley thathrosthitho brahmaa
madhyey maathruganaa smruthaah

kukshau thu saagaraa
ssarvey saphadhveepaa vasumdharaa
rugveydhotha yajurveydhas
saamaveydhohy atharvanah amgaishcha
sahithaa ssarvey kalashaambu samaashrithaah

put some akshita and one/two flowers in the glass/tumbler keep your right hand closing the mouth of the tumbler for few seconds and then start rotating the water in the tumbler/glass with the flower in it reciting the below solka:

gangeycha yamuney chaiva
godhaavari sarasvathi narmadey sindhu kaaveri
jaleysmin sannidhim kuru

Then we have to cleanse ourselves for doing the pooja with the holy water in the glass, so using the flower we sprinkle water on the pasupu ganapathi , ourselves(wife and all who are doing the pooja) and all the items that are being used for pooja by reciting the below sloka

aayaanthu devapoojaartham –
mama dhurithakshayakaarakaah □
kalashodhakeyna poojaadhavyaani
dhaivam aathmaanamcha samprokshya

om ganaanaamthva ganapathig havaamahey kavimkaveenaa mupamashrasthavam

jyeyshtaraajam brahmanaam brahmanaspatha anashshrunvannoothibhi
sseedhasaadhanam

Then we have to do the following like give water for bath, offer a seat etc

shree mahaaganaadhipathayey namah
dhyaayaami,aavaahayaami,
navarathna khachitha simhaasanam samarpayaami

(as we cannot offer a diamond studded thone we offer akshitalu to pasupu ganapathi only)

shree mahaaganaadhipathayey namah
paadhayoh paadhyam samarpayaami
(sprinkle water on the pasupu ganapathi only for washing feet)

shree mahaaganaadhipathayey namah
hasthayoh aarghyam samarpayaami
(sprinkle water on the pasupu ganapathi only for washing hand)

mukhey shudhdhaachamaneeyam samarpayaami shudhdhodhakasnaanam samarpayaami
(sprinkle water on pasupu ganapathi only for doing achamy and bathing)

shree mahaaganaadhipathayey namah
vasthrayugmam samarpayaami
(we offer akshitalu to pasupu ganapathi only)

shree mahaaganaadhipathayey namah
dhivya shree chamdhanam samarpayaami
(sprinkle sandal wood paste on pasupu ganapathi only)

shree mahaaganaadhipathayey namah
akshathaan samarpayaami
(we offer akshitalu to pasupu ganapathi only)

Then we do pooja with flowers to pasupu ganapati only

om sumukhaaya namah, om eykadhanthaaya namah,
om kapilaaya namah, om gajakarnikaaya namah,
om lambodharaaya namah, om vikataaya namah, om vighnaraajaaya namah, om
ganaadhipaaya namah,
om dhoomakeythavey namah, om ganaadhyakshaaya namah,
om phaalachamdhraaya namah, om gajaananaaya namah, om vakrathumdaaya
namah, om shoorpakarnaaya namah, om heyrambaaya namah, om
skamdhapoorvajaaya namah, om sarvasidhdhi pradhaayakaaya namah, om
mahaaganaadhipathyey namah
naavidha parimala pathra pushpa poojaam samrpayaami

Then we have to light incense sticks and show it pasupu ganapathi reciting the following

mahaaganaadhipathyeynamah
dhoopamaaghraapayaami

show the diya and recite the following

mahaaganaadhipathyeynamah
deepamaaghraapayaami

then offer some jaggery as naivaidyam, recite the following mantra and sprinkle water on
jaggery

om bhoorbuvassuvah om thatsavithurvareynyam bhargodevasya deemahi dhiyoyonah
prachodhayaath

sathyamthvartheyna parishimchaami amruthamasthu amruthopastharanamasi shree mahaaganaadhipathayey namah gudopahaaram niveydhayaami.

Show the jaggery to the pasupu ganapathi with both hands and recite the following

om praanaayasvaahaa,om apaanaayasvaahaa,
om vyaanaaya svaahaa, om udhaanaaya svaahaa
om samaanaaya svaahaa
madhyey madhyey paaneyam samarpayaami.

Leave some water in the plate

Then we offer tamboolam(beetlenut leaves(2nos) along with bettle nut) after which we light some camphor

Tamboolam samarpayaam,
neeraajanam dharshayaami.

Then we recite the mantra puspham and do pradikshana

om ganaanaamthva ganapathig havaamahey
kavimkaveenaamupamashravasthavam
jyeyshtaraajam brahmanaam brahmanaspatha anashshrunvannoothibhi
sseedhasaadhanam

shree mahaaganaadhipathayey namah
suvarna mamthrapushpam samarpayaami
pradhakshina namaskaaraan samarpayaami
anayaa mayaa krutha yadhaashakthi poojaayacha shree mahaaganaadhipathih supreethah
suprasanno varadho bhavathu

Now we move the pasupu ganapathi a bit, hold the bettle nut leaf on which the pasupu ganapathi is there and move it towards nothr by few millimeters reciting the below.

shree mahaaganaadhipathayey namah yadhaasthaanam praveyshayaami.