

Aditya Hrudayam In English

Aditya Hrudayam English Lyrics (Text)

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dhyānam

namassavitre jagadeka cakṣuse
jagatprasūti sthiti nāśahetave
trayīmayāya triguṇātma dhāriṇe
virīñci nārāyaṇa śaṅkarātmane

tato yuddha pariśrāntaṃ samare cintayā sthitam |
rāvaṇaṃ cāgrato dr̥ṣṭvā yuddhāya samupasthitam || 1 ||

daivaitaiśca samāgamyā draṣṭumabhyāgato raṇam |
upagamyā bravīdrāmam agastyo bhagavān ṛṣiḥ || 2 ||

rāma rāma mahābāho śṛṇu guhyaṃ sanātanam |
yena sarvānarīn vatsa samare vijayiṣyasi || 3 ||

āditya hr̥dayaṃ puṇyaṃ sarvaśatru vināśanam |
jayāvahaṃ japennityam akṣayaṃ paramaṃ śivam || 4 ||

sarvamaṅgaḷa māṅgaḷyaṃ sarva pāpa praṇāśanam |
cintāśoka praśamanam āyurvardhana muttamam || 5 ||

raśmimantaṃ samudyantaṃ devāsura namaskṛtam |
pūjayasva vivasvantaṃ bhāskaraṃ bhuvaneśvaram || 6 ||

sarvadevātmako hyeṣa tejasvī raśmibhāvanaḥ |
eṣa devāsura gaṇān lokān pāti gabhastibhiḥ || 7 ||

eṣa brahmā ca viṣṇuśca śivaḥ skandaḥ prajāpatiḥ |
mahendro dhanadaḥ kālo yamaḥ somo hyapāṃ patiḥ || 8 ||

pitāro vasavaḥ sādhyā hyaśvinau maruto manuḥ |
vāyurvahniḥ prajāprāṇaḥ ṛtukartā prabhākarah || 9 ||

ādityaḥ savitā sūryaḥ khagaḥ pūṣā gabhastimān |
suvanāsadṛṣo bhānuḥ hiraṇyaretā divākaraḥ || 10 ||

haridaśvaḥ sahasrārciḥ saptasapti-rmarīcimān |
timironmathanaḥ śambhuḥ tvaṣṭā mārtaṇḍako ॐ ṣumān || 11 ||

hiraṇyagarbhaḥ śisīraḥ tapano bhāskaro raviḥ |
agnigarbho॒diteḥ putraḥ śaṅkhaḥ śisīranāśanaḥ || 12 ||

vyomanātha stamobhedī ṛgyajuḥsāma-pāragaḥ |
ghanāvṛṣṭi rapāṃ mitro vindhyavīthī plavaṅgamaḥ || 13 ||

ātapī maṇḍalī mṛtyuḥ piṅgalaḥ sarvatāpanaḥ |
kavirviśvo mahātejā raktaḥ sarvabhavodbhavaḥ || 14 ||

nakṣatra graha tārāṇām adhipo viśvabhāvanaḥ |
tejasāmapī tejasvī dvādaśātman-namo॒stu te || 15 ||

namaḥ pūrvāya giraye paścimāyādraye namaḥ |
jyotirgaṇānāṃ pataye dinādhipataye namaḥ || 16 ||

jayāya jayabhadrāya haryaśvāya namo namaḥ |
namo namaḥ sahasrāṃśo ādityāya namo namaḥ || 17 ||

nama ugrāya vīrāya sāraṅgāya namo namaḥ |
namaḥ padmaprabodhāya mārtaṅḍāya namo namaḥ || 18 ||

brahmeśānācyuteśāya sūryāyāditya-varcase |
bhāsvate sarvabhakṣāya raudrāya vapuṣe namaḥ || 19 ||

tamoghnāya himaghnāya śatrughnāyā mitātmane |
kṛtaghnaghnāya devāya jyotiśāṃ pataye namaḥ || 20 ||

tapta cāmīkarābhāya vahnaye viśvakarmaṇe |
namastamo॒bhi nighnāya rucaye lokasākṣiṇe || 21 ||

nāśayatyeṣa vai bhūtaṃ tadeva sṛjati prabhuḥ |
pāyatyeṣa tapatyeṣa varṣatyeṣa gabhastibhiḥ || 22 ||

eṣa supteṣu jāgarti bhūteṣu pariniṣṭhitaḥ |
eṣa evāgnihotraṃ ca phalaṃ caivāgni hotriṇām || 23 ||

vedāśca kratavaścaiva kratūnāṃ phalameva ca |
yāni kṛtyāni lokeṣu sarva eṣa raviḥ prabhuḥ || 24 ||

phalaśrutiḥ

ena māpatsu kṛcchreṣu kāntāreṣu bhayeṣu ca |
kīrtayan puruṣaḥ kaścin-nāvaśīdati rāghava || 25 ||

pūjayasvaina mekāgro devadevaṃ jagatpatim |
etat triguṇitaṃ japtvā yuddheṣu vijayiṣyasi || 26 ||

asmin kṣaṇe mahābāho rāvaṇaṃ tvaṃ vadhiṣyasi |
evamuktvā tadāgastyo jagāma ca yathāgatam || 27 ||

etacchrutvā mahātejāḥ naṣṭaśoko**2** bhavat-tadā |
dhārayāmāsa supṛīto rāghavaḥ prayatātmavān || 28 ||

ādityaṃ prekṣya japtvā tu paraṃ harṣamavāptavān |
trirācāmya śucirbhūtvā dhanurādāya vīryavān || 29 ||

rāvaṇaṃ prekṣya hr̥ṣṭātmā yuddhāya samupāgamat |
sarvayatnena mahatā vadhe tasya dhṛto**2** bhavat || 30 ||

adha raviravadan-nirīkṣya rāmaṃ muditamanāḥ paramaṃ prahr̥ṣyamāṇaḥ |
niśicarapati saṅkṣayaṃ viditvā suragaṇa madhyagato vacastvareti || 31 ||

ityārṣe śrīmadrāmāyaṇe vālmikīye ādikāvye yuddakāṇḍe pañcādhika śatatama sargaḥ ||