# Vinayaka Vratha Kalpam In English

# Items required for performing Vinayaka Chavithi pooja

- A Clay image of Lord Ganesha.
- Akshata are prepared by mixing rice with wet turmeric, saffron and sandalwood paste)
- Glass, udhdharani (the spoon for taking water), plate (small one to put the water as an offering)
- Kumkum saffron
- Turmeric
- Sandal wood paste
- Betel leaves, nuts
- Pedestal
- Mango leaves To decorate the threshold and to put in the kalash (see picture)
- Water fetch after taking a bath
- Two pieces of red cloth
- Lamps and oil (sesame) or ghee (cow's) for the lamp and wicks
- Incense sticks
- Camphor
- Plate to light camphor
- Fruits (esp bananas)
- Flowers
- Patra (leaves which are required for this pooja, see the list of leaves to be procured)
- Modakams
- For Madhuparkam Mix a little of Cow Milk, Curd and Ghee
- For Panchamrutam: Cow's milk, curd, ghee and honey and sugar mixed
- Palavelli
- Leaves (patra for Ekavinsati patra puja): One can get the list of leaves, which ever are available,; If not available, one can do the puja with Tulasi leaves or Akshata with the same benefit:
- 1. Machee patram machi leaf
- 2. Bruhatee patram Vaagudaaru leaf
- 3. Bilva patram Bel (Maredu) leaf
- 4. Doorvaa yugmam Grass(garike) leaf
- 5. Dattoora patram pujayaami Datura (ummetta) leaf
- 6. Badaree patram Gooseberry (Amla) leaf
- 7. Apaamarga patram Achyranthus (Uttareni) Leaf
- 8. Tulasi Patram Basil leaf
- 9. Choota patram Mango (Mamidi) Leaf
- 10. Karaveera Patram Nerium (ganneru) leaf
- 11. Vishnukranti patram Evolvulus (Morning glory) leaf

- 12. Dhadimee patram Pomegranate (daanimma) leaf
- 13. Devadaaru patram Ashoka leaf
- 14. Maruvaka patram Sweet marjorm leaf
- 15. Sindhoovara patram Vitex plant (vavili) leaf
- 16. Jaajee patram Jasmine (Jaji) leaf
- 17. Dandakee patram Dandaki Leaf
- 18. Samee patram –Banyan (Marri )Leaf
- 19. Aswatha patram pujayaami Peepal Leaf
- 20. Arjuna patram Bridelia (Maddi) Leaf
- 21. Arka patram Milk weed or swallorwart (jilledu) Leaf

# Pasupu Ganapthi Puja in English

# Turmeric Ganapati Puja

This pooja is done to the Ganesh made with turmeric (called pasupu ganapati) so that there would be no vighnas (obstacles) during the main pooja. This is the pooja that has to be performed before doing any pooja irrespective of the god whom we are worshipping. As stated earlier this helps us to complete the pooja without any obstacles.

#### **Starting of Pooja:**

shuklaam baradharam vishnum sasivarnam chathurbhujam□ prasanna vadanam dhyaayeth sarva vighnopa saanthayey□ The above sloka is on Ganesh

#### Then we have light the diya/deepam enchanting the below sloka:

deepathvam brahmarooposi jyothishaam prabhuravanayah□ saubhaagyam deyhi puthraamshcha sarvaan kaamaamshchadeyhim

After lighting the diya/deepam one has to apply kumkum at three places on the diya/deepam.

Then we alert all that we are going to invite the God, we do that by ringing the bell and reciting the below sloka

agamaardham thu devaanaam gamanaardham thu rakshasaam□ kuru ghamtaaravam thathra devathaahvaana laamChanam

with this we are ready to star the pooja of the turmeric ganesha.

Then we have to do ACHAMANA

We do this by taking three spoons of water telling the below mantras

om keyshavaaya svaahaa (take one spoon of water) om naaraayanaaya svaahaa (take one spoon of water) om maadhavaaya svaahaa (take one spoon of water) then we go ahead and say the Govinda namas: om govindhaaya namah, om vishnavey namah, om madhusoodhanaaya namah, om thrivikramaaya namah, om vaamanaaya namah, om shreedharaaya namah, om Rusheekeyshaaya namah, om padhmanaabhaaya namah, om daamodharaaya namah, om samkarshanaaya namah, om vaasudevaaya namah, om pradhyumnaaya namah, om anirudhdhaaya namah, om purushoththamaaya namah, om adhokshajaaya namah, om naarasimhaaya namah, om achyuthaaya namah, om janaardhanaaya namah, om upeymdhraaya namah, om harayey namah, om sri krishnaaya namah, om sri Krishna parabrahmane namaha.

# This ends the Govinda nama's

## We recite the following remembering all the Trimurtis and other gods

shree lakshmee naaraayanaabhyaam namah, umaa maheshvaraabhyaam namah, vaanee hiranyagarbaabhyaam namah, sachee purandharaabhyam namah, arundhatee vashishtaabhyaam namah, shree seethaa raamaabhyaam namah, namassarveybhyo mahaajaneybhya, ayam muhoorthassumuhorthasthu

For us to do pooja we need a Assan and for making it sacred we do recite the below sloka and put some akshinta on our backside.

uththishtanthu bhoothapishaachaa eythey bhoomibhaarakaah□ eytheyshaa mavirodeynaa brahmakarma samaarabhey

#### Next we do pranayama reciting the below

om bhooh, om bhuvah, ogum suvah, om mahah, om janah om thapah, ogumm sathyam , om □thathsavithurvareynyam bhargo devasya deemahi dhiyo yonah prachodhayaath, □ om apojyothi rasomrutham brahma bhoorbuvassuvarom

Then we have to describe were we are positioned, what year month, thiti, day of the week, who we are (gothra and nama) and also what is it that we are expecting or doing this ritual

om mamopaaththa samastha dhurithakshayadhvaaraa shree parameshvara preethyardham shobhney muhoorthey shree mahaavishnoraagnaayaa pravarthamaanasya adhyabrahmanah dhvitheeya paraardey shveytha varaahakalpey vaivasvatha manvamtharey kaliyugey prathamapaadey jamboodhveepey bharathavarshey, bharathakhamdey meyrordhakshina dhigbhaagey, shreeshailashya eeshaanyapradeyshey krishna/ gangaa/ godhaavaryor madhyadey shey asmin varthamaana vyaavahaarika chandhramaana <telugu year name> samvathsarey <uttarayana/dakshinayana> <telugu climate>rithau month> maasey <sukla/Krishna> pakshey <telugu date>thithau <telugu weekday> vaasarey shubhanakshathrey, shubhayogey, shubhakaraney, eyvamguna visheyshana vishishtaayaam, shubhathithau, shrimaan.<your gotha> gothrodbhavsya <your full name> naamadeyyasya shrimaatha<your gotha> gothrodbhavsya <your full name> naamadeyyasya dharmapathnee sameythasya asmaakam sahakutumbaanaam ksheyma sthairya dhairya vijaya abhaya, abhivrudhyartham dharmaardhakaamamoksha aayuraarogya aishvarya chathurvidha phalapurushaardha sidhdhyartham dhana, kanaka, vasthu vaahanaadhi samrudhdhyartham puthrapauthraabhi vrudhdhyardham, sarvaapadhaa nivaaranaardham, sakalakaarya vighnanivaaranaardham, sathsanthaana sidhyardham, puthrapouthrikaa naamsarvatho mukhaabhivrudhyardham, ishtakaamyaardha sidhdhyardham, sarvadevathaa svaroopinee shree durgaambikaa preethyardham yaavadhbakthi dhyaana avaahanaadhi shodashopachaara poojaam karishyey.

Every time we do a sankalpa (reason for doing the pooja) we have to leave akshintalu along with water. Take akshintalu in the right hand and pour water with left hand over the right hand and leave the akshinatalu along with water into the plate.

Then we have to do pooja to the Kalasha with water which is to be used for pooja, in this we try to make the water more pure by trying to get water from all the pure rivers into this using mantras:

Worshiping the Kalasha: we need to apply sandalwood paste at three places around the glass/Klasha and then apply pasupu(turmeric) and kum kum on the sandalwood pase recting the below sloka.

kalashasyamukhey vishnuh
kantey rudhra ssamaashrithah□
mooley thathrosthitho brahmaa
madhyey maathruganaa smruthaah□
kukshau thu saagaraa
ssarvey sapthadhveepaa vasumdharaa□
rugveydhotha yajurveydhas
saamaveydhohy atharvanah□amgaishcha
sahithaa ssarvey kalashaambu samaashrithaah

put some akshita and one/two flowers in the glass/tumbler keep your right hand closing the mouth of the tumbler for few seconds and then start rotating the water in the tumbler/glass with the flower in it reciting the below solka:

gangeycha yamuney chaiva godhaavari sarasvathi□narmadey sindhu kaaveri jaleysmin sannidhim kuru□

Then we have to cleanse ourselves for doing the pooja with the holy water in the glass, so using the flower we sprinkle water on the pasupu ganapathi, ourselves (wife and all who are doing the pooja) and all the items that are being used for pooja by reciting the below sloka

aayaanthu devapoojaartham —
mama dhurithakshayakaarakaah 
kalashodhakeyna poojaadhravyaani
dhaivam aathmaanamcha samprokshya
om ganaanaamthva ganapathig havaamahey kavimkaveenaa mupamashrasthavam 
jyeyshtaraajam brahmanaam brahmanaspatha anashshrunvannoothibhi sseedhasaadhanam

# Then we have to do the following like give water for bath, offer a seat etc

shree mahaaganaadhipathayey namah dhyaayaami,aavaahayaami, navarathna khachitha simhaasanam samarpayaami

( as we cannot offer a diamond studded thone we offer akshitalu to pasupu ganapathi only)

shree mahaaganaadhipathayey namah paadhayoh paadhyam samarpayaami (sprinkle water on the pasupu ganapathi only for washing feet)

shree mahaaganaadhipathayey namah hasthayoh aarghyam samarpayaami (sprinkle water on the pasupu ganapathi only for washing hand)

mukhey shudhdhaachamaneeyam samarpayaami shudhdhodhakasnaanam samarpayaami (sprinkle water on pasupu ganapathi only for doing achamya and bathing)

shree mahaaganaadhipathayey namah vasthrayugmam samarpayaami (we offer akshitalu to pasupu ganapathi only)

shree mahaaganaadhipathayey namah dhivya shree chamdhanam samarpayaami (sprinkle sandal wood paste on pasupu ganapathi only)

shree mahaaganaadhipathayey namah akshathaan samarpayaami (we offer akshitalu to pasupu ganapathi only)

#### Then we do pooja with flowers to pasupu ganapati only

om sumukhaaya namah,

om eykadhanthaaya namah,

om kapilaaya namah,

om gajakarnikaaya namah,

om lambodharaaya namah,

om vikataaya namah,

om vighnaraajaaya namah,

om ganaadhipaaya namah,

om dhoomakeythavey namah,

om ganaadhyakshaaya namah,

om phaalachamdhraaya namah,

om gajaananaaya namah,

om vakrathumdaaya namah,

om shoorpakarnaaya namah,

om heyrambaaya namah,

om skamdhapoorvajaaya namah,

om sarvasidhdhi pradhaayakaaya namah,

om mahaaganaadhipathiyey namah□

naavidha parimala pathra pushpa poojaam samrpayaami

#### then we have to light incense sticks and show it pasupu ganapathi reciting the following

mahaaganaadhipathyeynamah dhoopamaaghraapayaami show the diya and recite the following

mahaaganaadhipathyeynamah deepamaaghraapayaami

then offer some jaggery as naivaidyam, recite the following mantra and sprinkle water on jaggery

om bhoorbuvassuvah om thathsavithurvareynyam bhargodevasya deemahi dhiyoyonah prachodhayaath□

sathyamthvartheyna parishimchaami amruthamasthu amruthopastharanamasi shree mahaaganaadhipathayey namah gudopahaaram niveydhayaami.

Show the jaggery to the pasupu ganapathi with both hands and recite the following

om praanaayasvaahaa, om apaanaayasvaahaa, om vyaanaaya svaahaa, om udhaanaaya svaahaa om samaanaaya svaahaa madhyey madhyey paaneeyam samarpayaami. Leave some water in the plate

# Then we offer tamboolam(beetlenut leaves(2nos) along with bettle nut) after which we light some camphor

Tamboolam samarpayaam, neeraajanam dharshayaami.

#### Then we recite the mantra puspham and do pradikshana

om ganaanaamthva ganapathig havaamahey kavimkaveenaamupamashravasthavam jyeyshtaraajam brahmanaam brahmanaspatha anashshrunvannoothibhi sseedhasaadhanam shree mahaaganaadhipathayey namah suvarna mamthrapushpam samarpayaami pradhakshina namaskaaraan samarpayaami anayaa mayaa krutha yadhaashakthi poojaayacha shree mahaaganaadhipathih supreethah suprasanno varadho bhavathu

Now we move the pasupu ganapathi a bit, hold the bettle nut leaf on which the pasupu ganapathi is there and move it towards nothr by few millimeters reciting the below.

shree mahaaganaadhipathayey namah yadhaasthaanam praveyshayaami.

#### Shodashopachara Puja

# How to perform Ganesh Chaturthi Pooja? Ganesh Chaturthi Pooja Vidhi, Ganesh Chaturthi Pooja Vidhanam

Sloa|| Ekadantam Soorpakarnam gajavaktram chaturbhajam paasankusa dharam devam dhyaayet siddhi vinaayakam|| uttamam ganaadhakshya vratam sampatkara Subham bhaktaabhishtapradam tasmaat dhyaayatam vignanaayakam|| dhyaayet gajaananam devam taptakaamchanasannibham chaturbhujam mahaakaayam sarvaabharanabhushitam|| Sree varasiddhi vinaayakam dhyaayaami (Do Namaskara)

atraagaccha jagadvandya suraraajaarchitesvarah anaadhanaadha sarvagna gowrigarbha samudbava|| Sree varasiddhi vinaayakam aavaahayaami (Sprinkle some water with betel leaf at the foot of Ganesha Idol)

Mouktikeih pushparaageischa naanaa ratnairviraajitam ratnasimhaasanam chaaru preetyardham pratigruhyataam || Sree varasiddhi vinaayaka aasanam samarpayaami (Place a flower at the foot of Ganesha Idol)

Gowriputra namastaestu Sankarapriyanandana| gruhaanaagyam mayaadattam gandapushpaakshateiryutam|| 'Sree varasiddhi vinaayakaaya arghyam samarpayaami (Sprinkle water on the hands of the Ganesha Idol)

gajavakra namastestu sarvaabheeshtapradaayaka||
bhaktyaapaadam mayaadattam gruhaana dvaradaanana||
Sree varasiddhi vinaayakaaya paadyam samarpayaami
(Sprinkle water on the feet of the Ganesha Idol)

Anaadhanaadha sarvagna geervaana ganapoojitah gruhaanaachamanam deva tubhyam dattam mayaaprabhoh|| Sree varasiddhi vinaayakaaya aachamaniiyam samarpayaami (Sprinkle water on the Ganesha Idol)

Dhadhia ksheerasamaayuktam madhyaajyaena samanvitam madhuverkam gruhanaedam gajavaktra namostutae||
Sree varasiddhi vinaayakaaya madhuparkam samarpayaami
(Mix a little of Cow Milk, Curd and Ghee and offer this)

'Snaanam panchaamruteirdeva gruhana gananaayaka| anaadhanaadha sarvajana geervaana ganapoojita|| Sree varasiddhi vinaayakaaya panchaamruta snaanam samarpayaami

(Panchaamrutam means – Cow's Milk, Curd from Cow's milk, Cow's Ghee, Honey and Sugar) – Mix all the above to make panchamrutam and sprinkle on the mount and then sprinkle some water)

Sloka|| Raktavastradvayam chaaru devayogyam cha mangalam||
Subhaprada gruhaana tvam lambodara heraatmaja|
Sree varasiddhi vinaayakaaya vastrayugmam samarpayaami
(Put two pieces of red cloth or a red flower around the Ganesha Idol)

Raajatam brahmasootram cha kaanchasamchottareeyakam|| gruhaana deva sarvajana bhaktaanaam ishtadaayaka || Sree varasiddhi vinaayakaaya yagynopaveetam samarpayaami

(Place around the idol – one string or wire of silver and one string or wire of Gold as yagnopaveetam and Uttareeyam. Alternately can place a thread made with 9 repeats each, or can place two flowers at the feet of the Idol)

chamdananaagaru karpuara kastoori kumkumaanvitam|| vilepanam surasreshta tvadardham pratigruhyataam|| Sree varasiddhi vinaayakam gamdhaan samarpayaami (Apply sandalwood paste to the idol)

Akshataan dhavalaan divyaan saaliayaan tamdulaan Subhaan|| gruhaan paramaananda shambhuputra namostutae|| Sree varasiddhi vinaayakaaya alamkaranaardham akshataan samarpayaami (Sprinkle saffron rice on the idol)

Sloa|| sugandhini cha pushpaani vaatakunda mukhaani cha| Ekavimsati patraani gruhaana gananaayaka||

(Take the leaves for the Puja and place them at the idol (near the body part as mentioned with every line) for every one line of the flowing Adhanga Pooja – Puja for every Anga or Body Part)

# Adhangapuja:

om ganesaaya namaha paadou pujayaami – Legs om ekadamtaaya namaha gulbhow pujayaami - Ankles om Soorpakarnaaya namaha jaanunee pujayaami - Knee om vignaraajaaya namaha janghae pujayaami - Calfs om aguvaahanaaya namaha oorooh pujayaami – Thighs om herambaaya namaha katim pujayaami – Buttocks om lambodaraaya namaha udaram pujayaami – Stomach om gananaadhaaya namaha naabhim pujayaami - Navel om ganesaaya namaha hrudayam pujayaami – Chest om sthoolakanthaaya namaha kantham pujayaami – Throat om skamdaagrajaaya namaha skandow pujayaami – Shoulders om pasahastaaya namaha hastow pujayaami – Hands om gajavaktraaya namaha vaktram pujayaami – Face om vignahantrae namaha netrow pujayaami – Eyes om soorpakarnaaya namaha karnow pujayaami – Ears om phaalachandraaya namaha lalaatam pujayaami – Forehead om sarvesvaraaya namaha Sirah pujayaami – Head om vignaraajaaya namaha sarvaanyamgaani pujayaami – Whole Body

# Ekavinsati Patra Pooja - 21 Leaves :

Take the leaves for pooja; start reading each line and offer the respective leaf to the lord. If unable to get various leaves, can continue this puja with either just tulasi leaves or akshata or flowers:

Sumukhaaya namah – machee patram pujayaami Gannadhipaaya namah – bruhatee patram pujayaami Umaputraya namah – bilva patram pujayaami Gajaananaaya namah –doorvaa yugmam pujayaami Harasoonavey namah -dattoora patram pujayaami Lambodaraaya namah –badaree patram pujayaami Guhaagrajaaya namah –apaamarga patram pujayaami Gajakarnaaya namah -tulasee patram pujayaami Ekadantaaya namah –choota patram pujayaami Vikataaya namah –karaveera patram pujayaami Bhinnadantaaya namah –Vishnukranti patram pujayaami Vatavey namah –dhadimee patram pujayaami Sarvesvaraaya namah –devadaaru patram pujayaami Phaalachandraaya namah –maruvaka patram pujayaami Haeranbaaya namah –Sindhoovara patram pujayaami Soorpakarnaaya namah –jaajee patram pujayaami

Suraagrajaaya namah –dandakee patram pujayaami Ibhavaktraaya namah –samee patram pujayaami Vinayakaaya namah –aswatha patram pujayaami Surasevitaaya namah –arjuna patram pujayaami apilaaya namah –arka patram pujayaami Sree ganeshaaya namah –ekavinsati patrani pujayaami

# After this is done, Ashtottara Sata namavali is read – Place a flower or leaf or akshata and sandalwood paste after every name (nama):

Om Vinayakaya Namaha

Om Vighnarajaya Namaha

Om Gauripatraya Namaha

Om Ganesvaraya Namaha

Om Skandagrajaya Namaha

Om Avyayaya Namaha

Om Putaya Namaha

Om Dakshaya Namaha

Om Adhyakshaya Namaha

Om Dvijapriyaya Namaha

Om Agnigarbhachide Namaha

Om Indrasripradaya Namaha

Om Vanipradaya Namaha

Om Avyayaya Namaha

Om Sarvasiddhipradaya Namaha

Om Sarvatanayaya Namaha

Om Sarvaripriyaya Namaha

Om Sarvatmakaya Namaha

Om Srushtikatre Namaha

Om Devaya Namaha

Om Anekarchitaya Namaha

Om Sivaya Namaha

Om Suddhaya Namaha

Om Buddhipriyaya Namaha

Om Santaya Namaha

Om Brahmacharine Naamaha

Om Gajananaya Namaha

Om Dvaimatreyaya Namaha

Om Munistutyaya Namaha

Om Bhaktavighnavinasanaya Namaha

Om Ekadantaya Namaha

Om Chaturbahave Namaha

Om Chaturaya Namaha

Om Saktisamyutaya Namaha

Om Lambodaraya Namaha

Om Surpakarnaya Namaha

Om Haraye Namaha

Om Brahmaviduttamaya Namaha

Om Kalaya Namaha

Om Grahapataye Namaha

Om Kamine Namaha

Om Somasuryagnilochanaya Namaha

Om Pasankusadharaya Namaha

Om Chandaya Namaha

Om Gunatitaya Namaha

Om Niranjanaya Namaha

Om Akalmashaya Namaha

Om Svayamsiddhaya Namaha

Om Siddharchitapadambujaya Namaha

Om Bijapuraphalasaktaya Namaha

Om Varadaya Namaha

Om Sasvataya Namaha

Om Krutine Namaha

Om Dvijapriyaya Namaha

Om Vitabhayaya Namaha

Om Gadine Namaha

Om Chakrine Namaha

Om Ikshuchapadhrite Namaha

Om Sridaya Namaha

Om Ajaya Namaha

Om Utpalakaraya Namaha

Om Sripataye Namaha

Om Stutiharshitaya Namaha

Om Kuladribhettre Namaha

Om Jatilaya Namaha

Om Kalikalmashanasanaya Namaha

Om Chandrachudamanaye Namaha

Om Kantaya Namaha

Om Papaharine Namaha

Om Samahitaya Namaha

Om Asritaya Namaha

Om Srikaraya Namaha

Om Saumyaya Namaha

Om Bhaktavanchitadayakaya Namaha

Om Santaya Namaha

Om Kaivalyasukhadaya Namaha

Om Sachidanandavigrahaya Namaha

Om Jnanine Namaha

Om Dayayutaya Namaha

Om Dantaya Namaha

Om Brahmadveshavivarjitaya Namaha

Om Pramattadaityabhayadaya Namaha

Om Srikanthaya Namaha

Om Vibhudesvaraya Namaha

Om Ramarchitaya Namaha

Om Vidhaye Namaha

Om Nagarajayajnopavitavate Namaha

Om Sthulakanthaya Namaha

Om Svayamkartre Namaha

Om Samaghoshapriyaya Namaha

Om Parasmai Namaha

Om Sthulatundaya Namaha

Om Agranye Namaha

Om Dhiraya Namaha

Om Vagisaya Namaha

Om Siddhidayakaya Namaha

Om Durvabilvapriyaya Namaha

Om Avyaktamurtaye Namaha

Om Adbhutamurtimate Namaha

Om Sailendratanujotsanga Khelanotsukamanasaya Namaha

Om Svalavanyasudhasarajita Manmathavigrahaya Namaha

Om Samastajagadadharaya Namaha

Om Mayine Namaha

Om Mushikavahanaya Namaha

Om Hrushtaya Namaha

Om Tushtaya Namaha

Om Prasannatmane Namaha

Om Sarvassiddhipradayakaya Namaha

"Ithi Sri Vigneshwara Astothara Sathanamavali hi"

#### **Upacharas:**

Dasangam guggulopetamsugandham sumanoharam Umaasuta namastubhyam – gruhana varado bhava Sree vara siddhi vinaayakaaya namaha Dhoopamaaghraapayaami Light a set of Incense sticks and show to the lord

Saajyam trivarti samyuktam vahninaadyotitam mayaah

Gruhana mangala deepameesaputra namostute

Sree varasiddhi vinaayakaaya namaha deepam darsayaami

Show the deepam (lamp) to the Ganesh murti

Sugandhaan sukrutamschiava modakan ghrutapachitaan Naivedyam gruhyatam deva chanamudgai prakalpitaan Bhakshyam bhojyancha lehyancha choshyam paneeyamevmacha Idam gruhana naivedyam mayadattam vinayaka Sree varasiddhi vinaayakaaya namaha naivedyam samarpayaami

Place all the modakams prepared in a plate, sprinkle water on them and offer them to the ganesha murti

Phoogee phala samaayuktam naagavalli dalairyutam Muktaachoorna samyuktam tamboolam pratigruhyataam Sree varasiddhi vinaayakaaya namaha tamboolam samarpayaami

Place tamboolam and offer (Tamboolam – take 3 betel leaves, clean them, place a flower and nut on these leaves)

Sadaanandada vighnesaa pushkalaani dhanaanicha Bhoomyaan sthitaani bhagavan sweekurushya vinayaka Sree varasiddhi vinaayakaaya namaha suvarna mantra pushpaani samarpayaani **Place flowers at the ganesh murti** 

Ghrutavarti sahasraischa karpoora sakalaistadha
Neetraajanam mayaadattam gruhana varado bhava
Sree varasiddhi vinaayakaaya namaha neeraajanam samarpayaami

Light camphor and offer aarti to the murti

# DOORVAYUGMA POOJA (PUJA WITH GRASS BLADES)

Om Ganadhipataye namaha doorvaayugmam pujayaami

Om umaputraaya namaha doorvaayugmam pujayaami

Om Akhuvaahanaaya namaha doorvaayugmam pujayaami

Om vinaayakaaya namaha doorvaayugmam pujayaami

Om Eesaputraaya namaha doorvaayugmam pujayaami

Om Sarvasiddhipradaaya namaha doorvaayugmam pujayaami

Om Ekadantaaya namaha doorvaayugmam pujayaami

Om Ibhavaktraaya namaha doorvaayugmam pujayaami

Om Mooshikavaahanaaya namaha doorvaayugmam pujayaami

Om Kumaaraguruve v namaha doorvaayugmam pujayaami

#### Take a flower in right hand and read the following sloka:

Ganaadhipa namastestu umaputraghanaasanaha

Vinaayakesa tanaya sarvasiddhi pradaayaka

Ekadantaika vadana tadhaa mooshika vahana

Kumara gurave tubhyamarpayaami sumaanjalim

Sree varasiddhi vinaayakaaya namaha mantrapushpam samarpayaami

#### Offer the flower to the murti

Arghyam gruhana haerambha sarvabhadra pradaayaka

Gandhapushpaakshatairyukatam pratastham paapanaasana

Sree varasiddhi vinaayakaaya namaha punararghyam samarpayaami

## Take water in hand and leave it in the place before the murti – Do this 3 times

Vinayaka namastubhyam satatam modaka priyam

Nirvighnam Kurume deva sarva kaaryeshu sarvada

#### Do namaskara

### **Circumambulation:**

Take flowers and akshata in hand and circumambulate 3 times (in clock wise direction) before the murti, reading the following sloka:

Yaanikaanicha paapaani janmantara krutaanicha

Taani taani pransyanti pradakshana padae padae

Paapoham paapakarmaaham paapaatmaa papa sambhavaah

Traahimam krupayaa deva saranaagata vatsala

Anyadha saranam naasti twameva saranam mamah

Tasmaat kaarunyabhaavena raksha raksha vinaayaka

Sree varasiddhi vinaayakaaya namaha aatmapradakhanam samarpayaami

#### Now place the flowers and akshata on the murti and resume the puja

#### Prardhana:

//Tondamunekadantamu torapu bojjayu vamahastamun Medugamroyu gajjelun mellani choopulu mandahaasamun Kondoka gujju roopamuna korina vidyalanellanojjayai undedi Parvateetanaya oyi ganaadhipa ninu mrokkedan//

//Toluta Avighamastanuchu dhoorajatinandana neeku mrokkedan Phalitamuneeyumayya ninu praadhana chesedanekadanta maa Valpati chethi kanthamuna, vaakkunaneppudu baayakundumee Talapuna ninnu vededanu daiva ganaadhipa! Loka naayaka!//

//Talachitine gananaadhuni talachitine vighnapatini talachina panigaa Talachitine haerambuni talachina naa vighnamulanu tolaguta noragun Atukulu kobbari pelukulu chiti bellamu naanubraalu cherukurasambun Nitalakshunagra sutunaku patutaramuna vindu chetu praardintu madin//

#### Shree Mahaa Ganapathi Pooja Samaaptham.

# Legend of Vinayaka Chavithi, Vinayaka Chavithi katha

Great sage called SUTHA once narrated the story of how vinayaka was born, what is the dosha that comes when we see the moon on vinayaka chaviti and the remedy from the dosha.

# Vinayaka Chavithi Story:

Once there lived a demon king by the name of GAJASURA, he was named so because had the form of an elephant(GAJA). He performed great penance(tapasya) for lord Shiva. Shiva who was pleased with the penance came to him and offered him a boon(vara). That demon prayed lord Shiva as soon as he saw him and then prayed that "hey lord, I would ask you stay in my stomach" as boon. Lord Shiva known for his love towards the followers agreed and stayed in the stomach of the Gajasura.

In the mean time, godess Parvati wife of lord Shiva, who was in kailasam(the abode of lord Shiva) was getting worried, as her husband was not to be seen for many days. She searched and finally found out that lord Shiva was residing in the stomach of the demon Gajasura. Then she was very worried on how to get her husband back and prayed to her brother lord Vishnu. Lord Vishnu came to Parvati, who narrated the whole story of her husband and requested Vishnu to help in getting her husband back. Vishnu consoled Parvati and promised that he would get back her husband.

Lord Vishnu along with other deities like Indira, Brahma etc hatched a plan of getting Shiva back. As a part of the plan they decorated NANDI( the bull) as GANGIREDDU( this is a part of Andhra tradition wherein bulls are decorated, trained to make movements according to the music) and gods were disguised as musical instrument players where all the gods took up different musical instruments. With everything ready all of them went to the capital city of the demon Gajasura.

In the city, they started the show of making the bull move to their music and it was magnificent and started pulling huge crowds. The fame of the Bull play reached Gajasura and he summoned them to his court. In the court all the gods made Nandi play beautifully by which Gajasura was impressed and asked the band to go ahead and ask for anything and he would for sure give them. Listening to that Vishnu said that the Gangieddu was no other than Nandi the vehicle of Shiva and they were here for Shiva.

Listening to that Gajasura understood that the one who spoke was none other than Lord Vishnu famous for killing demons and knowing that he had no other way out but to stand on his word he once again prayed to lord Shiva and asked for another boon stating that "His death was eminent and so he prayed to Shiva that he made his head to be prayed in all the lokas(bhoo lokam, patala lokam etc) and that Shiva should wear his skin as clothes." For which lord Shiva agreed. Vishnu asked Nandi to pierce the stomach of Gajasura, which Nandi did and Shiva was out from the stomach of Gajasura.

Vishnu then adviced Shiva that boons were to be given on discretion and asked him to consider before giving boons to demons. Then all the gods left and so did Shiva, mounted Nandi and left to kailasam.

## **Birth of Ganesha:**

Knowing the arrival of Lord Shiva, Parvati feels relieved and happy. She performs abhyangana snana (this is a form of bath taken by applying oil to the whole body massage until the whole oil gets into the body and then apply sunnipindi(flour) called "Nalugu "to body and rub so that the flour peels of taking all the dust). While performing the bath she prepares a boy with the flour and instills life into it. The child is born and she asks him to be guard at the front door as long as she is bathing and tell him not to let anyone enter the house.

The child is now standing as a guard to the door of the house of Parvati. Shiva comes home and tries to get into the home, where the child is stopped him. Shiva gets angry and in a fit of rage kills the boy by beheading and buring the head and enters the house.

Paravti who is ready by now, receives lord Shiva with affection. In the course of talking the discussion comes up on the boy who was guarding the door. Shiva tells Parvati that he had

killed him upon which Parvati narrates the whole story of the birth of the boy and becomes sad. Shiva repents on what he had done and the only way that he can bring the boy to life is by attaching a new head. He sends all the soliders under his command to go and fetch a head of the person who is lying (sleeping) with his head positioned in the North direction. Then all the soldiers go in all the directions and finally return with the head of Gajasura stating that Gajasura was the only one sleeping with his head kept in the North direction. (Hence it is adviced not to sleep keeping the head in North direction. One more reason being that South is the position of Yama and no one would want to see Yama as soon as they get up).

Shiva then brings back the boy to life by attaching the head of Gajasura and named him Gajanana (Ganesha). He was given a rat by the name of Anindyudu as vehicle. Shiva and parvati after few years had another son by the name of Kumaraswamy. Kumaraswamy became the commander of the army of gods later. Kumaraswamy is also called as karthikeya, Subramanya etc.

# **Commander of Vighnas.**

**Vighna**: Means some obstacle that would come for any work we would want to do before the work it self gets started. That is you will get lot of troubles before you start the work and finally you will not be able to complete the work. Vighnas will never allow you to finish the work as expected by you.

Once all the gods, sages meet Shiva and pray him and ask him to appoint someone as a head to the Vighnas. Kumaraswamy comes forward and asks his father to give the head of vighnas post to him as Gajanana is short and fat. But Gajanana(Ganesha) also wants the post. So Shiva puts them to a test. The test is to go around all the worlds and to bath in all the holy rivers present in those worlds and return. Whoever comes first will be appointed as the head of Vighnas.

Listening to which Kumaraswamy sits on his vehicle Peacock and flies for completing the test. Ganesh on the other hand feels sorrow approaches his father and prays him saying, "you know that iam fat, short and cannot move as fast as Kumaraswamy. So I request you to advice me on how to win this competetion."

Lord Shiva responds to his prayer and says that if you recite the NARAYANA MANTRAM and do pradakishna to parents( circling around the parents) it is equal to bathing in all the holy rivers. Shiva teaches Ganesha Narayana mantra and Ganesh reciting the mantra does the pradakshina to his parents. Because of the affect of the mantra and pradakishna, Kumaraswamy always sees his borther Ganesh to finish the bath and leave as he tries to enter for a bath in any of the holy river.

Kumaraswamy returns to kailasam and tells his father to forgive him of his ignorance in recognizing his elder brothers capability and requests him to place Ganesha as the Head of Vighnas.

So Ganesh is named as the head of the Vighnas and hence called VIGHNESHWAR( LORD OF VIGHNAS). This ceremony of placing Ganesha as the head of the Vighnas was done on Bhadrapadha sudha chaviti and from that day on it is celebrated as vinayaka chaturthi or ganesh chaturdi or vinayaka chaviti. All the people, gods, sages etc of all worlds presented Ganesha with lot of different food items like Bananas, Coconuts, sweets like Laddu, kudumulu etc and Ganesh ate most of them. He wishing to seek the blessings of his mother and father goes to them with his big stomach. He tries to take their blessing by doing sashtanga Namaskaram (sashtanga Namaskaram: where in the persons lies down on the floor with his hand stretched over the forehead, and his face, stomach legs, all touch the ground), but because of his stomach if he tries to keep his hand on the ground his legs would raise and if he places his legs on the ground his hands would raise. Looking at the way Ganesha was doing the namaskara the MOON which resides on the head of lord Shiva laughs and Ganesha is subjected to DISHITI(also known as NAZAR in hindi, you can say as to look at one to cause harm to him, feel jealous and would like that some harm would happen to him) Which causes the stomach of Ganesh to break open and Ganesha dies.

Looking at his dead son Parvati gets angry and then puts a curse on Moon that "As her son died because of the Dishti by Moon, the one who would from now on see Moon will be falsely alleged (blamed) (NEELAPANINDA causing pain to them, i.e.the one who would look Moon will be held responsible for the bad deed or crime that they have not committed)".

At the same time the famouse seven sages (saptarushis) were doing pradakshina(circling around) the fire along with their wives. The fire god(Agnideva) gets attracted to the wives of sages and would want to spend time with them. But afraid of the curse that the sages would give if he tries to do it he refrains himself. Knowing this Swahadevi the wife of lord Agni, tries to bring happiness to her husband, transforms herself to look like the wives of the sages and spends time with her husband. Swahadevi transforms to look like the wives of six sages except for ARUNDHATI(the famous sati). The seven sages by chance see this and think that it is their wives that are present with lord Agni and leave their wives. This was the result of the wives seeing the Moon after the curse of Parvati.

The wives of seven sages go to Brahma and pray him of their innocence. Shiva who knows everything, calls for the seven sages and pacify them by narrating the truth that it was infact the wife of Agni who transformed herself to look like the wives of the sages. Then Brahma along with all the others goes to Kailasam and gives life to the dead Ganesha and prays Parvati to withdraw her curse.

Parvati relieved of the pain, is happy to see her son and so she reduces the intensity of the curse by stating that "the curse would prevail only on the day, her son was dead because of

Moons DISHTI" i.e on the 4th day of Bhadrapada Masam. (Bhadrapada sudha chaviti). So people from that day onwards refrained themselves from looking at the moon on the day of vinayaka chaviti.

This went for some time. In Dwapara yuga(there are four YUGAS) ,one day sage Narada came to see Lord Krishna in the city of Dwaraka. He informed him of the curse of Parvati, narrated the whole story and adviced him not to see the moon today as it was vinayakchaviti. Krishna made this matter to be known to all the people of his kingdom and he also was careful not to look at moon. Krishna loves to drink milk and so goes to the cow yard and milks the cow and when he is about to drink the milk, he sees the reflection of moon in it. He immediately remembers what Narada had said and prepares himself to face the false allegation he might be dragged into.

Some time passes by and once a person by the name SATRAJITT visits sri Krishna and shows him a diamond by the name of SAMANTAKA MANI, which was given to Satrajit by the Lord Sun. The speciality of the diamond being, it gives out eight kgs of gold every day. Then Krishna asks Satrajit to give to the king for the best use for the welfare of the people. But Satrajit refuses and Krishna lets it go.

Once Prasena, the brother of Satrajit, goes hunting wearing the diamond. Looking at the diamond and presuming it to be meat a Loin attacks and kills Prasena and takes the diamond. A bear has a look at the diamond with the Loin and fights with it and takes the diamond to his home which is a cave and ties it to the cradle in which his daughter is sleeping for her to play. The next day as Prasena doesn't return, Satrajit blames that Krishna has killed his brother and taken the Diamond as he as refused to give to Krishna. Listening to which Krishna understands that, this blame was due to looking at the reflection of the moon in milk during vinayachaturthi. Inorder to free himself of the blame, Krishna enquires on what happened and goes to the forest looking for Prasena.

In the forest at one place he finds the dead body of Prasena and foot marks of a loin. He follows the foot marks of Loin and after some time comes to a place where he sees that there has been a fight between a Lion and a Bear. He then follows the footsteps of the Bear and reaches the cave of the bear. Krishna enters the cave and sees the diamond tied to the cradle. He tries to take it and the girl start crying hearing which the bear comes and attacks Krishna. Krishna fights back with the bear. The fight goes on for 28 days and the bear looses all it energy and realizes that Krishna is none other than RAMA. The bear is none other than JAMBAVANTHA the king of bears and aide of Rama in Tretayuga. He then remembers how after the war with Ravana Rama grants a boon to Jambavanta, and Jambavanti foolishly asks for a duel with Rama. Which Rama grants and says that his boon would be fulfilled later and it is know that Krishna has come to fulfill the boon and both Rama and Krishna are the avatara(forms) of Lord Vishnu. He then prays to Krishna who relieves Jambavantha of all the pains. Jambavanta along with the diamond also gives him his daughter Jambavati and requests him to accept her as his wife. Krishna agrees and returns to Dwaraka along with the diamond and the girl.

He summons Satrajit returns the diamond and narrates him the whole story. Listening to which, Satrajit repents and offers Krishna not only the diamond but also his daughter Satyabhama. Krishna rejects the diamond and accepts Satyabhama as his wife.

All the people, sages then pray to Krishan and tell him that because you are the almighty you were able to prove your innocence. But what about normal people like us. Please show us some means to over come the blame if we look at the Moon on vinayaka chaviti. Krishna pleased by the prayers, gives a boon that those who perform the Ganesh Pooja and would listen to the story of birth of Ganesha and the story of smantakamani and put the AKSHINTALU( rice which is prepared by mixing it with pasupu(turmeric) and are used to do pooja) on their heads would be freed from the curse if they accidentally see the Moon.