

Varalakshmi Vratakalpam In English

Varalakshmi Vrata Vidhanamu in English

The second Friday of the month of Sravanam has great significance. The holiest of all - Varalakshmi Vratam is performed on this auspicious day by married women. It is believed to grant long life to their husbands, and great riches to their families.

Performing Varalakshmi Vratam:

Padmasane padmakare sarvalokaika poojite,
Narayani priye devi supreeta bhava sarvadaa
Ksheerodaarnavasambhoote kamale kamalaalaye,
Sushtiraa bhava me gehe suraasura namaskrute,
Varalakshmi devatam dhyaayami

Varalakshmi Vrata Vidhanam:

On the day of Varalakshmi Vratam, wake up early in the morning. Take a shower and arrange the things to perform the pooja. Decorate the peetham with kolam or muggu after applying haldi paste to it. Place Goddess Lakshmi's photo on it. Put kalasam in front of the deity and arrange thoralu, akshatalu, pasupu ganapati, flowers, fruits etc there.

How to prepare thoram:

Make a five or nine threaded thorams with white color cotton thread and apply haldi paste to it. Make five or nine knots to it place them near the puja peetam.

Things needed for the Varalakshmi puja:

turmeric powder, kumkuma powder, red blouse piece-1, sandal paste, flowers, fruits, betel leaves, betel nuts, white thread to make thorams, coconuts, lamps, ghee to light the lamp, camphor, incense sticks, rice, and chana.

The Varalakshmi puja procedure begins:

Suklambaradharam vishnum sasivarnam chaturbhujam
Prasanna vadanam dhyayetsarva vighnopasantaye

Meditate about Ganapati and perform aachamanam later

Om Keshavaya swaahaa (take little water into your hand and drink)
Om Narayanaya swaahaa (take little water into your hand and drink)
Om Madhavaya swaahaa (take little water into your hand and drink)
Om Govindaya namaha (wipe your hands)
Om Vishnave namaha (wipe your eyes)
Om Madhusudanaya namaha, Om Trivikramaya namaha
Om Vamanaya namaha, Om Sridharaya namaha
Om Hrushikeshaya namaha, Om Padmanabhaya namaha
Om Samkarshanaya namaha, Om Vasudevaya namaha,
Om Pradyumnaya namaha, Om Aniruddhaya namaha,
Om Purushottamaya namaha, Om Adhokshajaya namaha,
Om Naarasimhaya namaha, Om Achyutaya namaha,
Om Janardhanaya namaha, Om Upendraya namaha,
Om Haaraya namaha, Om Srikrishnaya namaha
Uttishtantu bhoota pishachaah yete bhoomi bharakah,
Yetesha mavirodhena brahmakarma samaarabhe.
Read this mantra and throw some akshintalu behind Now perform
pranayam chanting the following mantra..

Om Bhuh Om Bhuvah - Om Suvah Om Mahah
Om Janah Om Tapah Om Satyam - Om tatsaviturvarenyam
Bhargo devasya dheemahi - Dhiyoyonah prachodayat
Om aapojyotii rasomrutam - Brahma bhurbhuvassuvarom

mama upaatta samasta duritakshaya dvaara sri parameshwara preetyartham - subhey sobhaney muhurthey, adya brahmanah dvitiya paraarthe, sweta varaha kalpe, vaivaswata manwantare, kaliyugey prathama paadey jamboo dweepy, bharaata varshey, bharaata khandey, meroh dakshina digbhaage srisailasya..... pradese (srisailaniki vratam chesevari vooru ye dikkulo vundo, aa dikkuni-eesanyamaite, eesanyamani cheppali), krishna kaveri madhya pradese (ye nadula madhya prantamlo vunte aa nadula perulu cheppali) swagruhey/sobhana gruhey (sonta illaiite swagruhey ani, adde illaite sobhana gruhey ani cheppali) samasta devata, brahmana, harihara sannidhau, vartamana vyaavaharika chaandramanena sri virodhi nama samvatsare dakshinayaney varsharutau sravana maasey suklapakshe dasamyayam, bhruuguvaasare subha nakshatre subha yogey subha karaney evam guna viseshana visishtaayam subha tithau, srimatyah sarmanah dharmapatni srimati gotravati (gotram peru) naamadheyavati (mee peru cheppukovali) asmaakam saha kutumbanam kshema, sthairyaa, dhairyaa, vijayaa, abhaya, aayuraarogya, aishwaryabhi vruddhyartham, dharmarthaa, kaama moksha chaturvidha phala purusharthaa siddhyartham, satsantana sowbhagya phala praptyartham sri varalakshmi devata muddisya, sri varalakshmi devata preetyartham kalpokta vidhaanena yavachhakti dhyana aavahanadi shodasopachara poojam karishye (antu kudi cheti madhya veluto neetini taakali)

Kalasa Pooja:

(Take a glass or panchapatra specially kept only for puja and pour water in it. Put in some akshatalu, flowers, and a betel leaf in it. Apply sandal paste and kumkuma on three sides of it. Put your right hand on it and read the following mantra.)

kalashasya mukhe vishnu kanthe rudrassamaashritaha
mooletatrasthitho brahm madhye maathru ganaa sthitah
kukshowtu saagaraa ssaarve sapta dweepaa vasundhara
rugvedo adha yajurvedo ssaamavedohyadharvanah
angaischa sahitaa ssaarve kalasambu samaasritaah
aayamthu lakshmi poojartham duritakshaya karakaah
gamegecha, yamunaichaiva, godavari, saraswathi,
narmadaa, sindhu, kaveri jalesmin sannimdhikuru evam kalasha poojaam kuryaath

(after chanting this mantra, dip a flower in the holy water and sprinkle it on the Goddess, things readied for puja, and on yourself. Feel as if you purified everything around you and got ready for the puja. Now make a Ganapati with haldi, place it on a betel leaf in the mandapam. Worship him with flowers and place some akshatalu on your head. Now begins the procedure of Varalakshmi Vratam.)

Varalakshmi Pooja Prarambhamu (Dhyana sthuti)

padmasane padmakarey sarvalokaika poojithe
narayana priaye devi, supreetaa bhavasarvadaa
shodhashopachara pooja prarambhaha.

Dhyanam:

Ksheerodarnava sambhutey kamale kamalalaye susthira
bhavame gehe surasura namaskruthe
Sri varalakshmi devatayai namah dhyayami
(put someflowers before the kalasam)

Aavahanam :

sarva mangala maangalye vishnu vakshasthalaalaye,
aavaahayaami devitvaam, supreetaa bhava sarvadaa
Sri varalakshmi devatayai namah aavaahayaami

(put some akshatalu in front of the kalasam)

Ratna simhasanam:

sooryaayutha nibhasphurthe sphuradratna vibhushite
simhasanamidam devi stheeyatam surapujite
Sri varalakshmi devatayai namah
navaratna khachita simhasanam samarpayami
(here imagine that the diamond studded throne is being offered to her to sit and accept your
puja)

Arghyam:

Suddhodakam cha paatrastham gamdha pushpaadhi mishritam,
arghyam daasyaamite devi gruahaana surapoojite
Sri varalakshmi devatayai namah arghyam samarpayaami.
(here fragrant water is offered to her)

Paadyam:

Suvaasita jalam ramyam sarvateertha samudbhavam
paadhyam gruhaana devitvam sarwa deva namaskruthe
Sri varalakshmi devatayai namah paadhyam samarpayaami.
(a spoonful (uddharinedu)water is offered to the goddess)

Panchamruta snanam:

payodadhi ghruto petam sarkara madhu samyuktam
panchamruta snanamidam gruhana kamalalaye
Sri varalakshmi devatayai namah
panchamruta snanam samarpayami
(few drops of holy water should be sprinkled on the kalasam)

Suddhodaka Snanam:

gangajalam mayaneetam mahadeva sirasthitam
suddhodaka snanamidam gruhana vidhu sodari
Sri varalakshmi devatayai namah suddhodaka snanam samarpayami
(here also few drops of holy water should be sprinkled on the kalasam)
snaanantaram aachamaneeyam samarpayami
(put a spoon full of water in the arghyapatra)

Vastram:

Suraarchitaamghri yugale dukoola vasanapriye
vastra yugmam pradaasyami gruhaana harivallabhe
Sri varalakshmi devatayai namah
vastra yugmam samarpayaami
(a new saree specially kept for the goddess is offered to her)

Aabharanam:

Keyoora kamkana dhivye haranupura mekhala
vibhooshanaanya moolyaani gruhana rushipoojithe
Sri varalakshmi devatayai namah
abharanaani samarpayaami.
(gold ornaments are offered to the deity)

Upaveetam:

Taptahemakhrutham sootram mukthaadaamavibhooshtam
upaveetamidam devi gruhanatvam shubhaprade

Sri varalakshmi devatayai namah upveetam samarpayaami.

(a thread should be made with cotton, apply sandalwood paste to its ends and attach it to the kalasam)

Gandham:

Karpooraagarukasturee gorochanaadi bhiranwitam
gamdham daasyaamyaham devi preetyartham pratiguhyatam
Srivaralakshmi devataayai namah gamdham samarpayam
(sprinkle sandalwood paste on the kalasam)

Akshatalu:

akshataan dhavalaan divyaan shaaliyaan stamdulaan subhan
hariadraakumkumopetaan gruhyataam abdhiputrike
Sri varaoakshmi devatayai namah akshtaan samarpayaami.
(place some akshatalu at her feet)

Pushpam:

Mallikaaj aaji kusumai schampakairvasulai sthadhaa
neelotpalaischa kalhaarai poojayaami Hariapriye
Sri Varalakshmi devatayai namah pushpaih poojayami.
(place some flowers before the goddess)

Aathaangapoojaa:

Om Chanchalaayai namah - paadou poojayaami.
Om Chapalaayai namah - jaanunee poojayaami.
Om Peetaambharadharaayai namah naabhim poojayaami
Om Kamalavaasinyai namah katim poojayaami
Om Padmaalayaayainamah naabhim poojayaami
Om Madanamaatre namah sthanow poojayaami
Om Kambukamtyai namah kamtham poojayaami
Om Sumukhaayai namah mukhampoojayaami
Om sunetraayai namah netrou poojayaami
Om Ramayai namah karnou poojayaami
Om Kamalaayainamah - sirah poojayaami
Om Sri Varalakshmyai namah sarvanyamgani pujayami.

Sri Varalakshmi Ashtottara Shatanama Pooja

(say 'namah' at the end of every namam)

- Om Prakrutyai
- Om Kamalayai
- Om Vikrutyai
- Om Kantayai
- Om Vidyayai
- Om Kshamayai
- Om Sarvabhuta hitapradayai
- Om Ksheerodarnavasambhavayai
- Om Sraddhayai
- Om Anugrahapradayai
- Om Vibhutyai
- Om Buddhyai
- Om Surabhyai
- Om Anaghayai
- Om Paramatmikayai
- Om Harivallabhayai
- Om Vachey
- Om Asokayai
- Om Padmalayaayai
- Om Amrutayai
- Om Padmayai
- Om Deeptayai
- Om Suchyai
- Om Lokasokavinasinyai
- Om Swaahayai
- Om Dharmanilayayai
- Om Swadhayai
- Om Karunayai
- Om Sudhayai
- Om Lokamatre
- Om Dhanyaayai
- Om Padmapriyayai
- Om Hiranmayai
- Om Padmahastayai
- Om Lakshmyai
- Om Padmakshyai
- Om Nityapushtayai
- Om Padmasundaryai
- Om Vibhavaryai

Om Padmodbhavayai
Om Adityai
Om Padmamukhiyai
Om Dityai
Om Padmanabhapriyayai
Om Deeptayai
Om Ramayai
Om Vasudhayai
Om Padmamaladharayai
Om Vasudharinyai
Om Devyai
Om Padminyai
Om Vararohayai
Om Padmagandhinyai
Om Yasaswinyai
Om Punyagandhayai
Om Suprasannayai
Om Suprasannayai
Om Udarangayai
Om Prasadabhimukhiyai
Om Harinyai
Om Prabhayai
Om Hemamalinyai
Om Chandravadanayai
Om Dhanadhanyakaryai
Om Chandrayai
Om Siddhaye
Om Chandrasahodaryai
Om Strainasoumyayai
Om Chaturbhujayai
Om Subhpradayai
Om Chandrarupayai
Om Nrupavesmagatanandayai
Om Indirayai
Om Varalakshmyai
Om Induseetalayai
Om Vasupradaya
Om Ahladajananyai
Om Subhayai
Om Pushtyai
Om Hiranyaprakarayai
Om Sivayai
Om Samudratanaayayai

Om Sivakaryai
Om Jayayai
Om Satyai
Om Mangalayai
Om Vimalayai
Om Devyai
Om Viswajananyai
Om Vishnuvakshasthasthitayai
Om Thushtaye
Om Vishnupatnyai
Om Daridranaasinyai
Om Prasannakshyai
Om Preetipushkarinyai
Om Narayanasamasritayai
Om Santayai
Om Daridradhwamsinyai
Om Suklamalyambarayai
Om Devyai
Om Sriyai
Om Sarvopadravavarinyai
Om Bhaskaryai
Om Navadurgayai
Om Bilvanilayayai
Om Mahakalyai
Om Sri Brahmavishnusivatmikayai
Om Bhuvaneshwaryai
Om Trikalagnanasampannayai
Om Sridevyai

Lakshmyashtottara satanaama poojam samarpayami

Iti Sri Lakshmyashtottara satanaamavalih samaapta

Deepam:

Ghrutaakthavarti samyukta mamdhakaaravinaasakam
Deepam daasyaami devesi gruhana mudithaabhava
Sri varalakshmi devatayai namahdeepam samarpayaami!

(show the deepam with your right hand)

Naivedyam:

Naiveedyam shadrasopetam daddhimadhvaajya samyutam,
naanaabhakshya phalopetam gruahana hariavallabhe,
Sri varalakshmi devatayai namah naivedyam samarpayaami!
(dedicate all the specially prepared naivedyam to the goddess Varalakshmi)

Paaneeyam:

Ghanasaara sugandehna mishritam pushpavaasitam
paaneeyam gruahataam devi seetalam sumanoharam
Sri varalakshmi devatayai namah paaneeyam samarpayaami!
(Leave some drops of water with the beetle leaf)

Thambulam:

Poogee phala samaayuktam naagavallee dalairyutam
karpura choorna samyuktham taambulam, pratigruhyataam
Sri varalakshmi devatayai namah taambulam samarpayaami
(place two bananas and betel nuts on two betel leaves before the goddess)

Thorabandhana mantram

Read the following mantra and Tie the sacred band (thoram) to your right hand..
bathnaamidakshineehaste navasootram shubhapradam
putrapowtraabhi vrudhimcha mamasowkhyam dehime rame
(tie the thoram to your right hand while reading this mantra)

Vayana vidhi:

Evam sampujya kalyanim varalakshnim swasaktitah
Datavyam dwadasa pooram vayanamhi dwijayate!

Vayanadaana mantram:

(mantras to chant while giving the vayanam)
indira prati gruhnaatu indira vaidadaaticha
indiraa taarakobhabhyam indiraayai namo namah
iti pooja vidhanam sampoornam (the puja process is completed)

Sri Varalakshmi Vratha Katha Prarambham:

Varalakshmi Vratha Katha

(Legend or Story of Vara Laxmi Vratam)

Vara Laxmi Vrata is observed on the Second Friday of the Shravan month. Charumathi, a Brahmin woman lived in a town, Kundina. She was very humble and kind in her nature. She was very much devoted to her husband and family.

One night, Goddess Laxmi appeared in her dream and told her to worship Vara Laxmi and seek her blessings. Goddess Laxmi also explained the Vrata procedure and the best day to observe Vara Laxmi Vrata. Laxmi asked Charumathi to observe Varalakshmi Vrata on the Second Friday of Shravana Month.

Charumathi informed about the dream to his husband and family. She also told to her friends and the word spread throughout the town. On the Second Friday of Shravan Month, Charumathi along with her family, friends and the women of the town observe Vara Laxmi Vrata. They worshipped Vara Laxmi with utmost devotion and offered special recipes and fruits to please her. Goddess Vara Laxmi appeared before them and granted boons to all of them. Their houses were filled with grains, diamonds, jewels and gold. They all lived happily in their rest of life. Since the time, women have begun observing Vara Laxmi Vrata every year on the specific Friday.

Varalakshmi Mangala Harati:

Ramaniki mangalamanarey..
kamalanayanaku nitu ramana madakunjara yanaku
saadhu sukruta nidaanaku sirula nimpu bimbananaku
karakamala mukta bhaktabhimaniki.....

Ramaniki mangalamanarey
lalita pallava paaniki neela jaladhara nibhaveniki
jalajalochanu raaniki, sadhuguna sreniki
kalumu leenedi molakanavvulu
kuluku kalikiki talirubuniki...

Ramaniki mangalamanarey
sarasadala netraku sowmyadharaku sobhanagaatriki
bhoori karuna dhatriki samajita maitriki
sakala duritala vitriki ksheerasagara putriki...

Ramaniki mangalamanarey
ramaku, poshitashritalokaku
seeghramuga neeyave ratna vadhumaniki
poshitasrita lokaalaku duritavanadahaku
seshadaasaana saroruha sreekaravaardi
gamanalolaku ramaku ramaniki mangalamanarey

Lakshmi Sthothram

Lakshmim ksheera samudra raja tanayam sree ranga dhameshwareem
Daasee bhoota samasta deva vanitam lokaika deepamkuram
Srimanmanda kataaksha labdha vibhavadbrahmendra gangadharam
Twam trailokya kutumbinim sarasijam vande mukundapriyam

Sri Mahalakshmyashtakam

Namastestu mahamaye sree peethey surapujithey
Sankhachakra gadaa haste mahalakshmi namostutey

Namaste garudaaroodhey dolasura bhayankari
Sarvapaapa hare devi mahalakshmi namostutey

Sarvagne sarva varade sarva dushta bhayankari
Sarvapaapa hare devi mahalakshmi namostutey

Siddhi buddhi prade devi bhukti mukti pradayini
Mantramurthey sada devi mahalakshmi namostutey

Sthula sookshme mahaa roudre mahasakti mahodare
Mahaapaapaharey devi mahalakshmi namostutey

Padmasana sthitey devi parabrahmaswaroopini
Paramesi jaganmata rmahalakshmi namostutey

Swetambaradharey devi naanaalankaara bhooshitey
Jagasthitey jaganmata rmahalakshmi namostutey
Mahalakshmyashtakam stotram yah pathedbhaktimaannarah

Sarvasiddhimavaapnoti rajyam praapnoti sarvadaa
Ekakaale pathey nnityam mahaapaapa vinaasanam
Dwikaalam yah patheynnityam dhanadhaanya samanwitaam

Trikalam yah pathennityam mahaa satruvinaasanam
Mahalakshmirbhavennityam prasanna varada subha
Ityindrakruta mahalakshmyashtaka stavam sampoornam

Benifits of Performing Varalakshmi Vrat

Phalasaruti

Sarvasankata naasanamu, ishtakamyartha siddhi, udyogalabhamu, rajabhogamu, sarvapaapa vinaasanamu, ashta aishwarya praapti kalugutaayi.