

Ganapati Atharva Sheersham in English

Ganapati Atharva Sheersham – English Lyrics (Text)

Ganapati Atharva Sheersham – English Script

|| gaṇapatyatharvaśīrṣopanīṣat (śrī gaṇeśātharvaśīrṣam) ||

oṃ bhadraṃ karṇe'bhīḥ śṛṇuyāma' devāḥ | bhadraṃ
pa'syemākṣabhīryaja'trāḥ | sthīrairaṅgai'stuṣṭhuvāg-ṃ sa'stanūbhi'ḥ |
vyaśe'ma devahi'taṃ yadāyu'ḥ | svasti na indro' vṛddhaśra'vāḥ | svasti na'ḥ
pūṣā viśvave'dāḥ | svasti nastārksyo ari'ṣṭanemiḥ | svasti no
brhaspati'rdadhātu ||

oṃ śāntiḥ śāntiḥ śānti'ḥ ||

oṃ nama'ste gaṇapa'taye | tvameva pratyakṣaṃ tattva'masi | tvameva
kevalaṃ kartā'ḥsi | tvameva kevalaṃ dhartā'ḥsi | tvameva kevalaṃ hartā'
ḥsi | tvameva sarvaṃ khalvida'ṃ brahmāsi | tvaṃ sākṣādātmā'ḥsi nityam
|| 1 ||
r'taṃ vacmi | sa'tyaṃ vacmi || 2 ||

ava tvaṃ mām | ava' vaktāram" | ava' śrotāram" | ava' dātāram" | ava'
dhātāram" | avānūcānama'va śiṣyam | ava' paścāttā"t | ava' purastā"t |
avottarāttā"t | ava' dakṣiṇāttā"t | ava' cordhvāttā"t | avādhārāttā"t | sarvato
mām pāhi pāhi' samantāt || 3 ||

tvaṃ vānmaya'stvaṃ cinmayaḥ | tvamānandamaya'stvaṃ brahmamayaḥ |
tvaṃ saccidānandā'ḥsi | tvaṃ pratyakṣaṃ brahmā'si | tvaṃ
nñānamayo viññāna'mayo'ḥsi || 4 ||

sarvaṃ jagadidaṃ tva'tto jāyate | sarvaṃ jagadidaṃ tva'ttastiṣṭhati | sarvaṃ
jagadidaṃ tvayi laya'meṣyati | sarvaṃ jagadidaṃ tvayi' pratyeti | tvaṃ
bhūmirāpo'ḥsi | tvaṃ catvāri vā'ḥsi || 5 ||

tvaṃ guṇatra'yātītaḥ | tvam avasthātra'yātītaḥ | tvaṃ dehatra'yātītaḥ | tvaṃ
kālatra'yātītaḥ | tvaṃ mūlādhārasthito'ḥsi nityam | tvaṃ śaktitra'yātmakaḥ |

tvāṃ yogino dhyāya'nti nityam | tvaṃ brahmā tvaṃ viṣṇustvaṃ
rudrastvamindrastvamagnistvaṃ vāyustvaṃ sūryastvaṃ candramāstvaṃ
brahma bhūrbhuvah svarom || 6 ||

gaṇādim" pūrva'muccārya varṇādī"ṃ stadanantaram | anusvāraḥ pa'ratarah |
ardhe"ndulasitam | tāre'ṇa ṛddham | etattava manu'svarūpam | gakāraḥ
pū'rvarūpam | akāro madhya'marūpam | anusvāraścā"ntyarūpam |
bindurutta'rarūpam | nāda'ḥ sandhānam | sagṃhi'tā sandhiḥ | saiṣā
gaṇe'savidyā | gaṇa'ka ṛṣiḥ | nicṛdgāya'tricchandaḥ | śrī
mahāgaṇapati'rdevatā | om gaṃ gaṇapa'taye namaḥ || 7 ||

ekadantāya' vidmahe' vakratuṇḍāya' dhīmahi |
tanno' dantiḥ pracodayā"t || 8 ||

ekadantaṃ ca'turhastam pāsama'ṅkuśadhāri'ṇam | rada'm ca vara'dam
hastairbibhrāṇa'm mūṣakadhva'jam | rakta'm lamboda'ram sūrpakarṇaka'm
raktavāsa'sam | rakta'gandhānu'liptāṅgam raktapu'spaiḥ supūji'tam |
bhaktā'nukampī'nam devaṃ jagatkā'raṇamacyu'tam | āvi'rbhūtaṃ ca'
srṣṭyādaḥ prakṛte"ḥ puruṣātpa'ram | eva'm dhyāyati' yo nityam sa yogi'
yogināṃ va'raḥ || 9 ||

namo vrātapataye namo gaṇapataye namaḥ pramathapataye namaste_2stu
lambodarāyaikadantāya vighṇavināśine śivasutāya śrīvaradamūrtaye
namaḥ || 10 ||

etadatharvaśīrṣam yo_2dhīte | sa brahmabhūyā'ya kalpate | sa
sarvavighnai"rna bādhyate | sa sarvataḥ sukha'medhate | sa
pañcamahāpāpā"t pramucyate | sāyama'dhīyāno divasakṛtaṃ pāpa'm
nāśayati | prātara'dhīyāno rātrikṛtaṃ pāpa'm nāśayati | sāyam prātaḥ
pra'yuñjāno pāpo_2pā'po bhavati | dharmārthakāmamokṣa'm ca vindati |
idamatharvaśīrṣamaśiṣyāya' na deyam | yo yadi mo'hād dāsyati sa pāpī'yān
bhavati | sahasrāvartanādyam yaṃ kāma'madhīte | taṃ tamane'na sādhayet
|| 11 ||

anena gaṇapatima'bhiṣiñcati | sa vā'gmī bhavati | caturthyāmana'snan japati
sa vidyā'vān bhavati | ityatharva'ṇavākyam | brahmādyācara'ṇam vidyāna
bibheti kadā'caneti || 12 ||

yo dūrvānku'rairyajati sa vaiśravaṇopa'mo bhavati | yo lā'jairyajati sa
yaśo'vān bhavati | sa medhā'vān bhavati | yo modakasahasre'ṇa yajati sa
vāñchitaphalama'vāpnoti | yaḥ sājya sami'dbhiryajati sa sarvaṃ labhate sa
sa'rvaṃ labhate || 13 ||

aṣṭau brāhmaṇān samyag grā'hayitvā sūryavarca'svī bhavati | sūryagrahe
ma'hānadyāṃ pratimāsannidhau vā japtvā siddhama'ntro bhavati |
mahāvighnā't pramucyate | mahādoṣā't pramucyate | mahāpāpā't
pramucyate | mahāpratyavāyā't pramucyate | sa sarva'vidbhavati sa
sarva'vidbhavati | ya e'vaṃ veda | ityu'paniṣa't || 14 ||

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