

Pasupu Ganapathi Puja

How to perform Ganapathi Puja before any puja

Pasupu Ganapathi Puja

This pooja is done to the ganesh made with turmeric (called pasupu ganapati) so that there would be no vighnas(obstacles) during the main pooja. This is the pooja that has to be performed before doing any pooja irrespective of the god whom we are worshipping. As stated earlier this helps us to complete the pooja without any obstacles.

Starting of Pooja:

shuklaam baradharam vishnum
sasivarnam chathurbhujam|
prasanna vadanam dhyaayeth
sarva vighnopa saanthayey|

The above sloka is on ganesh

Then we have light the diya/deepam enchanting the below sloka:

deepathvam brahmarooposi
jyothishaam prabhuravanayah|
saubhaagyam deyhi puthraamshcha
sarvaan kaamaamshchadeyhim|

After lighting the diya/deepam one has to apply kumkum at three places on the diya/deepam.

Then we alert all that we are going to invite the God, we do that by ringing the bell and reciting the below sloka

agamaardham thu devaanaam
gamanaardham thu rakshasaam|
kuru ghamtaaravam thathra
devathaahvaana laamChanam|

**with this we are ready to star the pooja of the turmeric ganesha.
Then we have to do ACHAMANA**

We do this by taking three spoons of water telling the below mantras

om keyshavaaya svaahaa (take one spoon of water)
om naaraayanaaya svaahaa (take one spoon of water)
om maadhavaaya svaahaa (take one spoon of water)

then we go ahead and say the Govinda namas:

om govindhaaya namah, om vishnavey namah,
om madhusoodhanaaya namah, om thrivikramaaya namah,
om vaamanaaya namah, om shreedharaaya namah,
om Rusheekeyshaaya namah, om padhmanaabhaaya namah,
om daamodharaaya namah, om samkarshanaaya namah, om vaasudevaaya namah, om
pradhyumnaaya namah,
om anirudhdhaaya namah, om purushoththamaaya namah, om adhokshajaaya namah, om
naarasimhaaya namah,
om achyuthaaya namah, om janaardhanaaya namah,
om upeymdhraaya namah, om harayey namah,
om sri krishnaaya namah, om sri Krishna parabrahmane namaha.

This ends the govinda namahs

We recite the following remembering all the trimurtis and other gods

shree lakshmee naaraayanaabhyaam namah,
umaa maheshvaraabhyaam namah,
vaanee hiranyagarbaabhyaam namah,
sachee purandharaabhyam namah,
arundhatee vashishtaabhyaam namah,
shree seethaa raamaabhyaam namah,
namassarveybhyo mahaajaneybhya,
ayam muhoorthassumuhorthasthu

For us to do pooja we need a Asan and for making it sacred we do recite the below sloka and put some akshinta on our backside.

uththishtanthu bhoothapishaachaa
eythey bhoomibhaarakaaah|
eytheyshaa mavirodeynaa
brahmakarma samaarabhey

Next we do pranayama reciting the below

om bhoooh, om bhuvah, ogum suvah, om mahah, om janah om thapah, ogumm sathyam,
om |thathsavithurvarenyyam bhargo devasya deemahi dhiyo yonah prachodhayaath|
om apojoyothi rasomrutham brahma bhoorbuvassuvarom

Then we have to describe were we are positioned, what year month, thiti, day of the week, who we are (gothra and nama) and also what is it that we are expecting or doing this ritual

om mamopaaththa samastha dhurithakshayadhvaaraa shree parameshvara preethyardham
subhey shobhney muhoorthey shree mahaavishnoraagnaayaa pravarthamaanasya
adhyabrahmanah dhvitheeya paraardey shveytha varaahakalpey vaivasvatha manvamtharey
kaliyugey prathamapaadey jamboodhveepey bharathavarshey, bharathakhamdey
meyrordhakshina dhigbhaagey, shreeshailashya eeshaanyapradeyshey krishna/ gangaa/
godhaavaryor madhyadeyshey asmin varthamaana vyaavahaarika chandhramaana <telugu
year name> samvathsarey <uttarayana/dakshinayana> <telugu climate>rithau <telugu
month> maasey <sukla/Krishna> pakshey <telugu date>thithau <telugu weekday> vaasarey
shubhanakshathrey, shubhayogey, shubhakaraney, eyvamguna visheyshana vishishtaayaam,
shubhathithau, shrimaan.<your gotha> gothrodbhavasya <your full name> naamadeyyasya
shrimaatha<your gotha> gothrodbhavasya <your full name> naamadeyyasya dharmapathnee
sameythasya asmaakam sahakutumbaanaam ksheyma sthairya dhairya vijaya abhaya,
aayuraarogyaa aishvarya abhivrudhyartham dharmaadhakaamamoksha chathurvidha
phalapurushaardha sidhdhyartham dhana, kanaka, vasthu vaahanaadhi samrudhdhyartham
puthrapauthraabhi vrudhdhyardham, sarvaapadhaa nivaaranaardham, sakalakaarya
vighnanivaaranaardham, sathsanthaana sidhyardham, puthrapouthrikaa naamsarvatho
mukhaabhivrudhyardham, ishtakaamyaaardha sidhdhyardham, sarvadevathaa svaroopinee
shree sada shiva preethyardham yaavadhbakthi dhyanaavaahanaadhi shodashopachaara
poojaam karishyey.

Every time we do a sankalpa (reason for doing the pooja) we have to leave akshintalu along with water. Take akshintalu in the right hand and pour water with left hand over the right hand and leave the akshinatalu along with water into the plate.

Then we have to do pooja to the glass with water which is to be used for pooja, in this we try to make the water more pure by trying to get water from all the pure rivers into this using mantras:

For Worshipping the Kalasha we need to apply sandalwood paste at three places around the Kalasha and then apply pasupu(turmeric) and kum kum and the sandalwood paste reciting the below sloka.

kalashasyamukhey vishnuh
kantey rudhra ssamaashrithah|
mooley thathrosthitho brahmaa
madhyey maathruganaa smruthaah|
kukshau thu saagaraa
ssarvey saphadhveepaa vasumdharaa|
rugveydhotha yajurveydhas
saamaveydohy atharvanah|amgaishcha
sahithaa ssarvey kalashaambu samaashrithaah

put some akshita and one/two flowers in the glass/tumbler keep your right hand closing the mouth of the tumbler for few seconds and then start rotating the water in the tumbler/glass with the flower in it reciting the below solka:

gangeycha yamuney chaiva
godhaavari sarasvathi|narmadey sindhu kaaveri
jaleysmin sannidhim kuru|

Then we have to cleanse ourselves for doing the pooja with the holy water in the glass, so using the flower we sprinkle water on the pasupu ganapathi , ourselves(wife and all who are doing the pooja) and all the items that are being used for pooja by reciting the below sloka

aayaanthu devapoojaartham –
mama dhurithakshayakaarakaah|
kalashodhakeyna poojaadhavyaani
dhaivam aathmaanamcha samprokshya
om ganaanaamthva ganapathig havaamahey kavimkaveenaa mupamashrasthavam|
jyeysharaajam brahmanaam brahmanaspatha anashshrunvannoothibhi sseedhasaadhanam

Then we have to do the following like give water for bath, offer a seat etc

shree mahaaganaadhipathayey namah
dhyaayaami, aavaahayaami,
navarathna khachitha simhaasanam samarpayaami

(as we cannot offer a diamond studded throne we offer akshitalu to pasupu ganapathi only)

shree mahaaganaadhipathayey namah
paadhayoh paadhyaam samarpayaami

(sprinkle water on the pasupu ganapathi only for washing feet)

shree mahaaganaadhipathayey namah
hasthayoh aarghyam samarpayaami

(sprinkle water on the pasupu ganapathi only for washing hand)

mukhey shudhdhaachamaneeyam samarpayaami shudhdhodhakasnaanam samarpayaami

(sprinkle water on pasupu ganapathi only for doing achamyam and bathing)

shree mahaaganaadhipathayey namah
vasthrayugmam samarpayaami

(we offer akshitalu to pasupu ganapathi only)

shree mahaaganaadhipathayey namah
dhivya shree chamdhanam samarpayaami

(sprinkle sandal wood paste on pasupu ganapathi only)

shree mahaaganaadhipathayey namah
akshathaan samarpayaami

(we offer akshitalu to pasupu ganapathi only)

Then we do pooja with flowers to pasupu ganapati only

om sumukhaaya namah, om eykadhanthaaya namah,
om kapilaaya namah, om gajakarnikaaya namah,
om lambodharaaya namah, om vikataaya namah, om vighnaraajaaya namah, om
ganaadhipaaya namah,
om dhoomakeythavey namah, om ganaadhyakshaaya namah,
om phaalachamdhraaya namah, om gajaananaaya namah, om vakrathumdaaya namah, om
shoorpakarnaaya namah, om heyrambaaya namah, om skamdhapoorvajaaya namah, om
sarvasidhdhi pradhaayakaaya namah, om mahaaganaadhipathiyey namah|
naavidha parimala pathra pushpa poojaam samrpayaami

then we have to light incense sticks and show it pasupu ganapathi reciting the following

mahaaganaadhipathyeynamah
dhoopamaaghraapayaami

show the diya and recite the following

mahaaganaadhipathyeynamah
deepamaaghraapayaami

then offer some jaggery as naivaidyam, recite the following mantra and sprinkle water on jaggery

om bhoorbuvassuvah om thatsavithurvarenyyam bhargodevasya deemahi dhiyoyonah
prachodhayaath|
sathyamthvartheyna parishimchaami amruthamasthu amruthopastharanamasi shree
mahaaganaadhipathayey namah gudopahaaram niveydhayaami.

Show the jaggery to the pasupu ganapathi with both hands and recite the following

om praanaayasvaahaa, om apaanaayasvaahaa,
om vyaanaaya svaahaa, om udhaanaaya svaahaa
om samaanaaya svaahaa
madhyey madhyey paaneeyam samarpayaami.

Leave some water in the plate

Then we offer tamboolam (beetle nut leaves(2nos) along with bettle nut) after which we light some camphor

Tamboolam samarpayaam,
neeraajanam dharshayaami.

Then we recite the mantra puspham and do pradikshana

om ganaanaamthva ganapathig havaamahey kavimkaveenaamupamashravasthavam|
jyeysh taraajam brahmanaam brahmanaspatha anashshrunvannoothibhi sseedhasaadhanam|
shree mahaaganaadhipathayey namah
suvarna mamthrapushpam samarpayaami|
pradhakshina namaskaaraan samarpayaami|
anayaa mayaa krutha yadhaashakthi poojaayacha shree mahaaganaadhipathih supreethah
suprasanno varadho bhavathu

Now we move the pasupu ganapathi a bit, hold the bettle nut leaf on which the pasupu ganapathi is there and move it towards nothr by few millimeters reciting the below.

shree mahaaganaadhipathayey namah yadhaasthaanam praveyshayaami.